The Canadian Nurse

A QUARTERLY JOURNAL FOR THE NURSING PROFESSION IN CANADA

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REGISTRATION—THE BRITISH COMMITTEE'S REPORT.

The Select Committee appointed by the British House of Commons to consider the expediency of providing for the registration of nurses have agreed to the following report:

1. The Select Committee on the registration of nurses was appointed in June, 1904, and was reappointed during the present session of Parliament.

2. Your Committee have examined thirty-four witnesses, among whom are included members of the medical profession, matrons of hospitals, superintendents of nursing institutions, nurses whose experience has been gained abroad, as well as nurses who carry on their occupation in this country, a representative of the male nurses, representatives of various institutions and public bodies, including the Civil Service, besides ladies and gentlemen who are not professionally employed, but who have given much time and work to the management of hospitals and asylums, and to the study of nursing questions, both in the centres of population and in the rural districts.

3. Amidst many divergent views met with in this evidence, there is a general opinion in favor of some change in the conditions under which nursing is carried on.

4. Your Committee have observed this tendency in the evidence of the medical profession and in that of the nurses themselves.

5. The evidence shows that a considerable improvement has taken place of late, both in the class of persons who undertake nursing and in the conditions under which they obtain their training and carry on their occupation.

6. It has been asserted in some quarters that registration is rendered requisite by reason of the amount of illegality, immorality and scandal which at present continues undiscovered and unchecked. It is contended that registration would be an efficient instrument against these scandals, and would safeguard the public. In the judgment of your Committee, while registration might prove a means towards checking some abuses, no evidence which has been brought forward substantiates a general charge of moral delinquency.

7. On the other hand, there is a general concurrence of opinion that in the interests of the nurses and of the public further improvement is both desirable and practicable; and your Committee consider that the desire for co-ordination of the various training schools, although not universal, is widespread.

8. Upon the question of what changes in the conditions of nursing are desirable, strong opinions are held and vigorous expression has been given to them.

9. In these circumstances unanimity could not be looked for.

10. The principal suggestions laid before the Committee are:

(*a*) Registration of individual nurses.

(*b*) Registration of training schools for nurses.

(*c*) Licensing of nursing homes, institutions and societies which supply or employ nurses.

11. Your Committee are agreed that it is desirable that a register of nurses should be kept by a central body appointed by the State, and that, while it is not desirable to prohibit unregistered persons from nursing for gain, no person should be entitled to assume the designation of "registered nurse," whose name is not upon the register.

12. They recommend that this central body should be set up by Act of Parliament, and that its constitution should be defined in the Act, as was done in the case of the Central Midwives Board.

13. The central body should consist of matrons, nurses and representatives of the medical profession, of training schools for nurses, and of the public.

14. Your Committee consider it desirable that the number of representatives should be kept within reasonable limits; they suggest eleven as a convenient number, and recommend that it should never exceed fifteen.

15. Your Committee recommend that the central body should admit to the register of nurses such nurses as have had a training at a recognized training school for nurses for a period to be determined by such body, and have satisfied their training school, whose certificate they must hold, stating that they are equipped with the knowledge and experience requisite for nursing, and that they are of good character.

16. They also recommend that the central body should decide what constitutes a recognized training school for nurses, taking into consideration the number of beds, the accommodation for probationers, the facilities afforded for learning, and the general standard and conduct of the examination; for this purpose the central body should have the power of inspection. Your Committee further recommend that the examination be held at and by the training school.

17. For the purpose of defraying the expenses of the central

body a small registration fee should be charged. Your Committee consider that this fee should not exceed one guinea.

18. Your Committee have heard a large amount of evidence on the subject of the necessary period of training at a school. The great bulk of this evidence points to three years as the requisite period of training. They are themselves impressed with the advisability of such a period, but they recognize that a stereotyped rule might operate unfortunately. They, therefore, recommend that the minimum period should not be fixed by Act of Parliament, but should be left to the discretion of the central body.

19. There should be an annual publication of the register of nurses. For this purpose the central body should make provision for striking off the register the names of those who have died, or who have ceased nursing, and also of those nurses who, in the opinion of the central body, have been guilty of serious misconduct in the discharge of their duty, or of moral delinquency.

20. With regard to existing nurses your Committee are of opinion that those who can produce evidence satisfactory to the central body, both as regards efficiency and character, should be placed upon the register on payment of the registration fee.

21. The Committee are of opinion that it should be the duty of the central body at a date not later than four years after the passing of any Act for the registration of nurses to submit a report to the Privy Council on the advisability of instituting a separate register of nurses whose training is of a lower standard than that laid down for "registered nurses."

22. The claims for registration of mental or asylum nurses have been laid before your Committee. They are of opinion that a separate register of "registered asylum nurses" should be kept by the central body, to which should be admitted the names of nurses who have served for not less than three years (in not more than two asylums), and have received the certificate of the Medico-Psychological Association, and can produce satisfactory certificates of good character.

23. An analogous but separate question has come before your Committee, namely, the treatment of nursing homes and institutions. Nursing homes are deemed to include all homes and places conducted for profit where patients are taken in for treatment. By nursing institutions are meant those societies or bodies which supply nurses to the public.

24. The evidence laid before your Committee has led them to consider the licensing of such homes and institutions to be highly desirable. The license should be issued by the county or county borough authority in whose area the home or institution is situated, and no such home or institution should receive the license unless it is conducted in conformity with requirements to be laid down by that authority.

25. The county or county borough authority should be empowered to draft regulations to be approved by the Local Government Board, and to appoint inspectors who should have the right of entry and inspection.

26. It should be a condition of such license that when a nurse employed in a nursing home or sent out by a nursing institution is not a "registered nurse," the fact shall be definitely stated.

MISTAKES IN OBSTETRICAL NURSING.

The mistakes I shall mention are genuine ones, made by the nurse I know best of all.

During the early years of my work at the Burnside, when my patients complained of labor pains, I urged them diligently "to keep moving around," "not to sit down," or, "to keep on working."

I had a mistaken idea that this would bring the pains on and hasten the termination of labor. Especially did I think this true of cases where the membranes had ruptured early. I considered I had not done my duty unless I had walked my patient around as much as she could endure, and as I often accompanied her, we both suffered. The pains, however, did not come on, except in their own good time, and it took me a long, long time to learn that I could not induce labor to begin, or make it either longer or shorter when it did start. Experience has taught me to save my patient's strength in every way, and to let her sit, stand or lie down, as best suits her; occasionally a warm bath is found soothing; sometimes pressure on the back gives a little ease; some weak women can only lie on a bed, while others prefer to stay up as long as possible. There can be no cast-iron rule in these cases; the treatment which gives the patient the most comfort is the best.

Little attention is generally paid to the feeding of the patient during the first stage of labor. After the confinement is over she is often painfully exhausted, I believe from sheer lack of nourishment. Of late years I have tried to give food, and find that, although patients often think they can not take anything, they generally can, with a little coaxing, and feel better for taking it. I give them tea, bread and butter, hot milk and chicken broth, and I rarely find that it interferes with the taking of chloroform afterwards. Patients who suffer from nausea are often helped by taking several glasses of hot water.

It is frequently said by those who know very little about them that babies are all alike, while the fact is that babies differ from one another just as much, or even more, than grown folks

do. I once thought that each little one should eat just as much and just as often as its tiny neighbor. Many a time I have wearied myself and worried the baby, trying to make a fat, sleepy, good-tempered, little girl baby eat as much as a bouncing boy. To her credit, be it said, she would not do it.

Babies' appetites differ as all our appetites do, and they must be treated as individuals, and not as a class. They are charming things, and no trouble at all when you know them, but you really must understand them to care for them properly. For instance, all babies love warmth, but some far more than others. A little, thin, frail baby will snuggle up to the hot water bottle, while a big, saucy fellow, with the same amount of covering, will throw out his fists and yell vigorously until a friend comes to his rescue, to find him covered with perspiration.

He only wants a drink of water and to be laid in a cooler place, with a lighter cover over him, to be good and happy, too. Neither are babies always sick when they regurgitate their food; they have just taken a little too much, and Mother Nature is relieving them.

I wonder if other nurses ever regret as I do that they have not paid more attention to the small ailments of their patients, and lent a more attentive ear to the recital of their various aches and pains. We are so apt to think that patients will complain enough any how; yet my experience is that they rarely do so, and often refrain from speaking of their troubles for fear of causing extra work. Many times when I find the pulse fast, I ask, "Have you not got a headache?" and the answer wearily always is, "Oh, yes! I have had a little one all day, but I think it is going away now." The question then arises, What caused that headache? Is it indigestion, worry, heat, septic infection, the breasts, or threatened eclampsia? After, when the breasts are examined, the tell-tale flush and hardness is found, that shows where the trouble is. There was a time when I paid little heed to headaches, regarding them as the common lot of women (from which I had been personally exempted), but I find they always mean something when my patients have them. Many cases of eclampsia begin with a headache, and glad am I when I can catch a case of that kind at its inception, and have remedial measures started before a convulsion comes on.

The longer I nurse the more I am convinced that what a patient needs most after confinement is absolute and complete rest; yet few realize how hard it is to secure this. The relief from pain to the patient is so great, and the result so happy, that she wishes to rejoice with her family and talk the affair over. I have been unwise enough to let these rejoicings go on sometimes, with the result that my patient never slept all night from sheer excitement, and lay an exhausted wreck next morning. I hope I am wiser now; at all events I earnestly try to have my

patient, rather my two patients, mother and babe, have a good long sleep and let nothing disturb them.

I shall stop now, not, however, because I have exhausted the list of my mistakes, but because this journal has not as yet started to publish a serial story.

The Burnside. N. McKellar.

THE CANADIAN NURSES' ASSOCIATION.

The Canadian Nurses' Association was organized in March, 1895. The members, who numbered twenty-five, were, with the exception of Miss Rogers, the President, graduates of the Montreal General Hospital, at that time the only training school in the city.

The objects of the Association were mutual instruction and graduate profesional instruction.

The Executive Committee established and control a registry for nurses.

With the advice and at the desire of our Advisory Board of Doctors we decided to admit nurses from recognized training schools, as well as obstetric nurses, and those who had diplomas for special training in any branch of the profession, and had served for three years in a training school for this specialty.

In this way we have been able to meet the requirements of the physicians and the public. We feel that this department of our work has been a success, and that by keeping a central and general registry, where the names of all the nurses in the city may be found, we are able to give greater satisfaction than by having a register in each hospital. We also feel that our success is largely owing to the unvarying kindness and courtesy of our registrar, who at any hour of the day or night is ready to answer the call of doctor, nurse or patient.

The cases to whom nurses were sent during our first year's work numbered 331. Last year, with a membership of 220, the number reached 1,090.

Our Association, as its membership increased, was anxious that it should be incorporated, and our dear friend and adviser, Dr. Kirkpatrick, who really was the moving spirit in our organization, did all he could for us in this matter.

His unexpected death in 1897 was a blow to us all. However, our bill for Dominion incorporation was presented before the House by Dr. T. G. Roddick, but met with unexpected opposition, for what reason we did not know, unless the object of the bill was not understood by those who opposed it.

What we desired was a Nurses' Association, with head-

quarters in Montreal, to which all the graduate nurses in the Dominion could belong, and from which auxiliary associations could be formed.

Any nurse who could write C.N.A. after her name would have an assured standing, and the general public and the profession would need no further guarantee that they were employing a thoroughly trained nurse, whose qualifications had been answered for, and whose diploma and medal had been seen by the Committee of the particular association to which she belonged.

To our disappointment, and by Dr. Roddick's advice, we decided to withdraw our bill.

Later on, in 1899, by the great kindness of our lawyer, C. M. Holt, K.C., we secured city incorporation. This, we find, meets all our requirements, as our Association is confined to Montreal. As we had been called the Canadian Nurses' Association for four years, we were incorporated under that name.

In April, 1903, much to our regret, Miss Rogers, our President, retired and returned to her home in Kingston, Ont. To her untiring efforts the Association owes its success.

A word as to the work of the Association during the winter: We have a course of lectures by some of our leading doctors. These lectures are very much appreciated and enjoyed by the nurses, and the doctors have been most kind and willing to help us in this way.

We have a pleasant reading-room at 169 Peel Street, for which we have received many gifts of works and magazines from the doctors. We subscribe for all the nursing literature of the day, and are very glad to add to it THE CANADIAN NURSE, to which we wish every success.

ANNIE M. COLQUHOUN.

THE CENTRAL REGISTRY.

There are now hundreds of fully-qualified nurses in Toronto, graduates of hospitals in this city and elsewhere, and it has become advisable to centralize and simplify as much as possible the work of nurses' registries. The different alumnæ held a preliminary meeting to discuss this matter, and as a result each society sent representatives to a joint meeting, held last May, at which it was unanimously decided to start a "central registry" near the centre of the city, where all demands for nursing work would be satisfactorily answered. One hundred and twelve members were guaranteed by the various alumnæ to place the registry on a satisfactory basis. Miss Bovell Barwick, graduate of the class of '93, of the Johns Hopkins Hospital Training School for

Nurses, Baltimore, Md., was appointed Registrar, and for the time being will have the registry at her own residence, 644 Spadina Avenue. A Registry Committee, each nurse representing her hospital in the City of Toronto, will manage the details of the work, and will meet in the first week of each month for business purposes. The registry requires that the nurses should be graduates of training schools giving not less than the two-year course, and having all the services; also, that graduates of "special hospitals" should have taken post-graduate courses in general work, or else register for their "special work only," and that masseuses holding diploma may join for massage work.

Besides their diplomas, all foreign graduates are expected to present a letter from their superintendent of nurses guaranteeing their eligibility to become members of the registry, the Canadian nurses will have their names sent through their alumnæ associations.

A few simple rules have been adopted, and are printed in pamphlet form, with the schedule of fees. A copy of this is given to each nurse as she registers.

As the nurses report for duty their names will be placed in rotation, with the names of the hospitals from which they graduated, their exclusions and specialties, if they make any.

When a call comes, the whole list is given, so that all nurses stand an equal chance.

The list is made up every morning, dated and left on the telephone desk, the old one being placed on file, where it is kept for a month and then destroyed.

The time is always put down when a call comes in, so if there is any discussion over the length of time a nurse takes to arrive at a case, she has the registrar to substantiate her statements.

The registry fee is a small one, being only $5.00, dating from the day of registration, until that same date the following year.

The success of this undertaking depends on each individual nurse; she can assist, not only financially, but by her personal influence, directing her cases through this main channel by informing her patients and the doctors that her professional address is "The Graduate Nurse Registry." She need not fear any loss of her own cases, for when one comes she will be notified whether registered or not.

It is only when each of us makes this matter a personal one that the registry will be in Toronto the success that it has already become in other cities, thereby advancing the interests of the profession.

Reports of Nursing in Hospitals.

NURSING THREE CASES OF RHUS TOXICODENDRON POISONING.

1. S. W., female, aged 24; was admitted July 14th. Temp. 98⅕, pulse 80, resp. 20. Face inflamed and swollen almost past recognition, hands and forearms in same condition, numerous vesicles over affected area. Had been in the woods picnicking two days before. The patient was put to bed, light diet given, and the following lotion ordered to be applied frequently:

Calamine	
Zinc Oxide āā	℥iii
Glyc.	
Spt. Vinc. Rect. āā	℥ii
Aq. Calcis	℥iii
Aq. Ad	℥viii

On the 17th the burning had ceased and the swelling had subsided. On the 22nd she was discharged cured, with very little trace of the acute dermatitis.

2. M.T., female, aged 21. Was out in the woods July 19th. July 20th, was sent to the hospital with a diagnosis of erysipelas. Face, hands and forearms very swollen and inflamed; but the absence of any chill; a temperature of 99, pulse 80, and a history of being in the woods the day before changed the diagnosis to one of ivy poisoning. She was put to bed, given light diet, and the following was applied, the parts affected being kept moistened with it:

F. E. Grindelia Robusta	℥xx
Aq. Ad.	℥xxx

No pain was felt while the parts were moist. July 24th all the vesicles had dried up. July 22nd, the grindelia was discontinued on the face, and carbolized vaseline was applied. The swelling and inflammation had disappeared, and the patient was discharged completely cured July 28th.

3. *Recurrent.*—M.H., female. Had been poisoned by rhus toxicodendron fourteen years ago when on a visit to Canada from England. Had after her return to England seven recurrent attacks, generally in the spring of the year. In the spring of 1905, when again in Canada, she had the eighth attack, which began with intense burning, aching and tight feeling of the scalp, and skin of right side of face and head; the next day the painful parts were inflamed and swollen, numerous vesicles appeared the day following. The parts were

fomented for twenty minutes every four hours with water as hot as could be borne, and then kept moistened with distilled extract of Hamamelis; the other side of the face and head became affected, and it was a week before the swelling disappeared. Zinc oxide ointment was then applied. The attack was accompanied by malaise and prostration. Strychnia and digitalis were given. It was three weeks' from the onset before the patient recovered her normal condition.

Victoria Hospital, London.

NURSING A CASE OF PERFORATION IN TYPHOID FEVER--WITH RECOVERY.

Who, as a nurse, has not experienced the anxious waiting of friends and relatives at the bedside of one who is dangerously ill. The case has been pronounced hopeless, and the time a few hours. An operation has been spoken of, but will not be permitted, as the patient is too weak. The urgent request comes to the nurse from time to time not to give any more treatments as the hypodermic infection excites him; the medicine or stimulant he cannot swallow, or the saline worries him. Why not let him rest quietly till the end? Such was our experience a few weeks' ago with a patient who had a severe attack of typhoid complicated by a perforation of the intestine.

A young man, aged 23; ill one week at home, was admitted to the hospital in December. Temperature on admission, 104; pules, 90. Spots on abdomen; blood showed Widal reaction; continuous headache; heavily-coated tongue and occasional epistaxis; temperature, afternoon next day, 105; pulse, 100; morning, 103; pulse, 90; continued in this way with little variation for ten days, then the temperature gradually began to come down to 99 in a.m. to 101 in p.m.; pulse, 90. The cold pack was used when the temperature was high for one hour once in four hours. We found three large bath towels much more convenient than sheets; one under and two above, as the temperature was reduced. The daily soap and water bath and cold sponges, if the temperature was 102, were ordered.

During the night, in the middle of the third week, the patient awoke with a sharp spasm of pain, followed by a severe chill. Temp., 104; pulse, 130; resp., 36. Hot stupes were immediately applied and seemed to give relief. Four hours later temp. 97; pulse, 140; resp., 48. Marked distension,, pronounced tenderness. cold, clammy perspiration, and a few hours after restless delirium, constant vomiting and increased respirations.

During the night following the pulse was very irregular and weak, and at times almost imperceptible at the wrist. The vomited material changed from green in color to dark brown, and the patient seemed in a comatose condition. During this time heat was constantly applied, and mustard over the heart in a continuous poultice. Hot turpentine stupes were changed every ten minutes and turpentine enema given. Strychnine hypodermically, and brandy and white of egg, per enema, given. After following this treatment for forty-eight hours the distension was lessened; the vomiting not so frequent; the respirations were quieter; temperature 101, but the pulse was still very irregular and weak, with every appearance of complete exhaustion. Saline, interstitial and per rectum, was administered, and the pulse improved. The evacuations were involuntary, but during the whole attack there was no sign of hemorrhage.

On the 7th day from the sudden spasm of pain, fall of temperature and rise of pulse, the distension had almost entirely disappeared; the vomiting ceased; the pulse was regular, but weak and rapid; patient quite conscious and took nourishment in very small quantities well.

A week later, temperature and respiration normal; pulse stronger and improving steadily, as he was then able to take both stimulant and nourishment in larger quantities; distension entirely disappeared and patient convalescing nicely.

The patient left the hospital in eight weeks perfectly well and strong. The conclusion at the consultation was that the perforation was small, and if the heart's action could be kept up nature would make repair, which evidently did take place.

We feel that the careful handling, perfect ventilation and cleanliness, carefully administered nourishment, heart stimulants promptly given, and the constant application of heat was, to a great extent, the means of saving a life. We as nurses know the unhappiness often of losing a case such as this, but only a true nurse can fully appreciate the gradual returning consciousness of one who has been so near the brink, and the joy of hearing him say, What day is this? or some such remark, is sufficient reward. Those of us who had to nurse this patient feel that we should be better nurses for having had the case, and are happy that the request went by unheeded at the most critical moment of, "Please, nurse, do not give him any more treatment, as it worries him."

FRANCES E. SHARPE.

Woodstock Hospital.

The Canadian Nurse

COMMITTEE ON PUBLICATION:

Miss Mitchell, 380 King Street West, *Convener.*
Miss Lennox, 62 Czar Street. Miss Hargrave, 380 King Street West.
Miss Christie. Miss Beam, 12 Selby Street. Miss Hodgson.
Miss Gordon, President Graduate Nurses Association of Ontario.

COLLABORATORS:

Miss Chillman, Supt. General Hospital, Stratford, Ont.
Miss Shepherd, Supt. General Hospital, Guelph, Ont.
Miss Scott, Supt. Ross Memorial Hospital, Lindsay, Ont.
Miss J. Christie, Asst. Supt. Toronto General Hospital.
Miss C. M. Hall, Supt. W. C. A. Hospital, Jamestown, N.Y.
Mrs. Paffard, 26 Isabella St., Toronto.
Miss F. Sharpe, Supt. General Hospital, Woodstock, Ont.
Miss Gregory, Supt. St. Luke's Hospital, St. Louis, Mo.
Miss Mollie Stuart, Supt. Marion Sims Sanitarium, Chicago, Ill.
Miss Crawford, 233 Kennedy Street, Winnipeg, Man.
Miss J. Neilson, 419 West 118th Street, New York, N.Y.
Miss Newman, Phurlow, Victoria, B.C.
Miss Lawder Sutherland, Lakeside Hospital, Cleveland, Ohio.

BUSINESS MANAGER:

Miss Christie, 19 Classic Ave.

ASSOCIATE EDITORS:

Miss Robinson, Supt. General Hospital, Galt, Ont.
Miss Hodgson, 82 Bloor Street West, Toronto, Ont.

EDITOR:

Miss Helen MacMurchy, M.D., 133 Bloor Street East, Toronto.

The Editors will always be glad to receive MSS. These should be written on one side of the paper only. A margin should be left, and the number of words indicated on each page. Articles accepted will be paid for on publication.

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Editorial.

PALMAM QUI MERUIT FERAT.

On behalf of our readers, and of the nursing profession, we offer cordial congratulations to Mr. Irving Heward Cameron, F.R.C.S., on the honors he has received from Edinburgh University and the Royal College of Surgeons of Edinburgh. The Canadian Nurse is proud to number Mr. Cameron among the earliest of its subscribers and friends.

AN IMPORTANT DOCUMENT.

A very important document is published in this issue—the Report of the Select Committee of the British House of Commons *re* State Registration of Nurses. It is recommended that a central body, made up of representatives of the nursing profession, of the medical profession, of training schools for nurses, and of the public, should be appointed by Act of Parliament, to keep a Register of Nurses. That is, all that the nursing profession in Great Britain and elsewhere has asked is recommended by this Committee, and this report will be the basis of legislation. We congratulate the nursing profession in Great Britain, especially our contemporary, *The British Journal of Nursing*, and earnestly advise our readers to *study this Report and tell all their friends about it.*

REGISTRATION.

At the annual meeting of the National Council of Women, held last June in Charlottetown, P.E.I., a paper was read on "State Registration for Nurses," prepared by the Committee on Legislation of the Graduate Nurses' Association of Ontario. Miss Carty, of Toronto, kindly read the paper, and through her, and also through Mrs. Willoughbly Cummings, Secretary, we learn that it was exceedingly well received. Great interest was manifested; many members of the Council giving it as their opinion that, as a safeguard for the public, registration was much needed.

The Council as a whole expressed a desire to assist the nurses in any way in their power to obtain the legislation desired.

Dr. P. H. Bryce, Chief Medical Officer for the Dominion, happened to be in the meeting when the paper was read, and he gave it as his view that registration was a much required measure, and advised the nurses to secure the sympathy and aid of the Medical Councils.

Since the annual meeting of the National Council, the Medical Association of St. John, N.B., has appointed a small Committee to see how registration for nurses can be brought about. This, we understand, is a result of the paper read at the Council meeting.

The National Council is composed of thinking women, and women whose sympathies are strongly with anything that advances the interests of women, coming from all over the broad Dominion. As they return to their homes and report to their

Local Councils the doings of the annual meeting, they will spread the news of what trained nurses are eagerly looking forward to in the near future.

And inasmuch as public opinion is a great power, the more our aims are known and favorably commented on, the stronger will be our position.

MR. JOHN ROSS ROBERTSON'S GIFT.

A Nurses' Residence is now being erected south of the present Hospital for Sick Children, on College Street, by Mr. John Ross Robertson, at a cost of $75,000, in memory of his first wife and only daughter.

Mr. Robertson's generosity to this hospital has been great and worthy. Sixty thousand children have been helped, and many of them cured, largely through what he has done and induced others to do.

Could any kindness be more wise and true than that which cures a child? When one thinks of blindness, deafness and lameness being alleviated or removed, disease cured, strength restored, in a children's hospital, it makes the heart glad. We offer our hearty congratulations to the nurses, the hospital, and to our generous friend, Mr. John Ross Robertson.

The following inscription is on a marble tablet placed in the Woman's Medical Ward of the new Allegheny General Hospital by Mr. J. B. Morgan, jun., in memory of his wife, who was a graduate of Bellevue Hospital, New York:

This Ward is furnished
in memory
of
MARGARET WRIGHT MORGAN
February 28, 1902.

"Bless the Lord, O my soul, and forget
Not all His benefits, who forgiveth
All thine iniquities; who healeth all
thy diseases; who redeemeth thy life
from destruct'on, who crowneth thee
with loving kindness and tender mercies"

Correspondence.

To the Editor of THE CANADIAN NURSE

DEAR MADAM,—The graduate nurses of Toronto have established a Central Registry for properly qualified nurses in good standing at 644 Spadina Avenue.

The object of this Registry is to raise the standard of the nursing profession in Toronto, by enrolling only competent and reliable nurses, and to secure calls for its members, also to aid physicians of the city and vicinity, and the general public, to obtain nurses at the minimum expenditure of time and energy—a long-felt want in this city. It is to be hoped and desired that the Registry will receive unanimous support, both from the medical and nursing profession. The Committee have been most fortunate in securing as Registrar, Miss E. B. Barwick, a Johns Hopkins graduate, who has had many years' experience in the above work in Baltimore.

The Registry will be open night and day. Telephone North 1060.

CARRIE DE VELLIN, *Secret ry Registry Committee.*

DEAR MADAM,—Manitoba is to the fore! and maybe not very far behind Ontario in the matter of getting a bill into Parliament. When Miss Lennox, President of the Alumnæ Association of Toronto General Hospital, passed through Winnipeg, the nurses of the city took the opportunity of asking her to address a meeting and give a few suggestions as to how the Ontario nurses are working for registration.

Well, this Province is noted for rapid and bountiful harvests after sowing, and so it proved. A very large meeting was held about two weeks after Miss Lennox addressed the nurses, and "The Manitoba Association of Graduate Nurses" was formed and officers appointed. This has to accomplish the work of enrolling all graduate nurses throughout the Province into one body, as there are nurses from far and near practising in Manitoba.

A letter has been sent out to all the hospitals in the Province asking information as to the size of hospital, length of training, number of graduates, etc; also a notice to all the provincial papers asking graduate nurses everywhere in Manitoba to put themselves in communication with the President or Secretary, that by October the Association may be in a form to draft a bill, and if possible we would like to have a copy of the bill that the Ontario nurses are drawing up, that we, a young Province, may be guided by the older.

The nurses are most enthusiastic about it, and they see it is none too soon to agitate for registration, when just last week

this advertisement appeared in our most prominent daily paper, the Manitoba *Free Press*, which has a large circulation from coast to coast, also in Great Britain:

> WANTED—Young women to study nursing, self-supporting plan. Address College for Nurses, 382 Jackson Boulevard, Chicago, Ill.

If only something could be done to put a stop to this "get there quick" and "quack" system, but as long as the world lasts there will always be the underhand way of doing things, and it lies with the nurses themselves to protect their profession now and for the future.

DEAR MADAM,—Our hospital is small, containing thirty-five beds, with a staff of nine nurses, one of whom is liable to be sent to contagious wing at any time. My experience as Superintendent of Nurses has been short, and as we are about to establish a three years' course of training I should like some advice from those who have been longer in the work concerning a workable system of lectures for a school of this kind, where the nurses graduate in classes of twos and threes and sometimes ones. I am anxious that the foundation of our three years' course should be firm, and would like some idea also of the class work covered by the Superintendents of small schools during a three years' course.

We are also about to start a diet kitchen, and any hints regarding the work of nurses in same would be gratefully received.

An idea of what other training schools of this size are doing would be of great help to me in drawing up a schedule.

With best wishes for the success of THE CANADIAN NURSE,

Sincerely yours,

Superintendent of the ——— Hospital,
——— New Brunswick.

[We take great pleasure in publishing this, our first letter from New Brunswick, and specially request our readers to send answers, on or before November 1st (vide Contributor's Club), to these questions.—EDITOR.]

DEAR MADAM,—Sarnia General Hospital was built about ten years ago; has been well kept up, and is at present in a very flourishing condition. It has recently had new heating put in; the interior has been painted and decorated, and some parts newly furnished. It is a bright, cheerful building, in the best part of the town.

The ladies of the town are very enthusiastic, and do a great

deal for the hospital. At a recent entertainment they realized one thousand dollars towards the funds of the institution. Our training school is small, fourteen undergraduates, with a graduate as head nurse. Our present head nurse, Miss Mary Hain is one of our own graduates. Our course of training is two years, in addition to the two months' probation. Several of the graduates are in positions, but the majority are doing private work.

Port Huron has recently opened a new hospital, which is managed by two graduates of this school. Two of our graduates are doing district nursing in Detroit.

I am very pleased that we have a Canadian journal on nursing, and hope it may be a great success.

Yours sincerely,

E. B. CLARKE, *Lady Superintendent.*

DEAR MADAM,—I wonder if it would interest your readers to hear about Hospital Day in Grand Rapids. I must say I was somewhat prejudiced against it at first.

Booths decorated with bunting and palms are erected in the banks, hotels, Union Station and prominent street corners. Each one is presided over by two ladies, one representing Butterworth and one the N.B.A. Hospital.

They have as their aides two nurses, whose presence alone is an eloquent plea for the cause they represent.

Contributions varying from one cent to one hundred dollars were received, and in return the contributor is presented with a badge, and by evening there are few passers-by who do not wear them, and the common query heard is, "How much did yours cost you?"

Even the warm weather approved of Hospital Day.

The warm sunshine brought out large crowds of people, and some gave from the sheer joy of being warm once more. There were many pleasing incidents, and many revelations of character. Many poor-looking people would lay down a small coin, saying apologetically, "I am sorry, but this is all I can spare to-day!" However, when I tell you that altogether $3,300 was contributed you will realize "that many mickles make a muckle."

This amount is divided equally between our hospital and the N.B.A. Hospital.

The graduates assisted us, as we could not spare a sufficient number of pupil nurses.

I made the round of all the booths in an automobile, and my last prejudice died out. I was delighted with Hospital Saturday and the many kindly expressions I heard.

The idea is somewhat novel and so easily worked out that I thought you might mention it in THE CANADIAN NURSE.

E. G. FLAWS.

The Contributors' Club.

NEWS FROM THE FAR WEST.

In the past few years amongst the incoming population of the West there have been a number of nurses, graduates from many of the training schools of Canada, also several Canadians, who have graduated from American hospitals.

After long persistent effort a number of these graduates were brought together last June, and an organization known as the Calgary Association of Graduate Nurses was formed.

The first article of our constitution reads: "The objects of this Association shall be the promotion of unity, good fellowship and professional and social intercourse among the members of the Association, and the elevation of the professional character." The city doctors co-operate with us, giving us addresses on practical subjects at our regular meetings.

The Association has its own clinical charts printed, which are retailed at cost, and each member is also given a printed copy of the rules and regulations, constitution and by-laws of the Association.

The Association has its own registry, which is kept by the leading druggist of the city.

At our annual meeting in June we hope to report definitely the organization of a Sick Benefit Fund.

As an Association we hailed with delight the advent of THE CANADIAN NURSE, believing it to be a long-felt want supplied, and the majority of our nurses will subscribe at once.

COUNT THE FORCEPS.

In the last number of THE CANADIAN NURSE, Superintendents are requested to write about difficult cases, etc., as a help to others. I do not know if my subject will be a help to anyone, but as the daily papers of different towns published what they no doubt believed to be the truth, I feel that it may help our hospital for the public to know the real facts.

On June 1st, 1902, a patient was admitted to be operated on for an ovarian cyst. The patient was a woman weighing one hundred and seventy pounds, and there were many adhesions. Sutures were removed on the seventh day, and patient went home on the twenty-first day. During the next two years the patient lost flesh rapidly, was troubled with constant diarrhea, and had different medical men to attend her, but without relief. On June 4th, 1905, patient passed, per rectum, one handle of an artery

forceps, and on the following week was brought to the hospital, where a second incision was made and the other part of the forceps removed from the intestine. Patient improved for two days, then died of post-operative peritonitis.

Some people severely criticize the nurses for not counting the forceps. There were four doctors present. Forceps are now counted in this hospital.

FROM AN ONTARIO HOSPITAL.

In our little training school of ten pupil nurses we have an admirable course of lectures, extending over eight months of each year, and on the following subjects: Anatomy and physiology, 12; materia medica and therapeutics, 6; hygiene, toxicilogy and medicine, 9; surgery, 6; gynecology, 4; obstetrics, 6, and urinary analysis, 4.

With one lecture a week, it is obvious that these cannot all be given in one session; so my plan is to have them cover two years. One evening each week is devoted to class work with the Superintendent, where the Public School Anatomy and Physiology, with Hampton's "Nursing," are the text-books. This is also the time for talks on ethics, hospital etiquette and kindred subjects. I begin each session with the younger nurses, but all attend except the seniors, who relieve during class. Then on lecture night the juniors relieve, and all the second and third-year nurses attend. One evening each week is thus devoted to class work, and one to lectures. I find this plan works out very well.

We have a diet kitchen, but I regret that I have not yet been able to arrange for any special instruction in dietetics.

The Nurse's Library.

Messrs. A. S. Barnes & Co., New York, have published under the interesting title, "The New Knowledge," a book which will be a boon to busy people who would keep up with the times. This book gives a brief, popular account of recent advances in scientific thought.

A Woman's Words to Women. By Mary Scharlieb, M.D. London: George Routledge & Co. 1s.

Five chapters—The Young Wife, The Young Mother, Labor, Miscarriage, The Young Mother's Holiday—are comprised in this book, which is an excellent one to place in the hands of any woman.

The Mother's Guide. By MARY SCHARLIEB, M.D. London: George Routledge & Co. 1s.

This little volume by Mrs. Scharlieb is an admirable guide, clearly and simply written, on the care and nursing of children in health and sickness.

Hints to Nurses on Tropical Fevers. By S. F. POLLARD. London: The Scientific Press, Limited. 1s. 1d.

Written by a sister of the Army Nursing Service Reserve of Great Britain, this is a brief, but useful account of a few of the more important tropical diseases from the nurses' point of view. The first chapter, "Hints on Going Abroad," is a particularly good one, and the little book well repays reading.

The Art of Right Living. By ELLEN H. RICHARDS. Boston: Whitcomb & Barrows. 50 cents.

Mrs. Richards' suggestive little book is a condensation of a course of lectures delivered a year ago at the Summer School of the South, in Knoxville, Tenn., and is both easy and profitable to read. The publishers, Mary Barrows and Frank H. Whitcomb, have made a specialty of the publishing and supplying of books on Health and the Home, Cooking, Sociology, etc., and we advise our readers to send for their catalogue and see it for themselves.

How to Become a Nurse. Edited by SIR HENRY BURDETT. London: The Scientific Press, Limited. 2s.

This is the well-known guide to training for the profession of a nurse for Great Britain, the present being the seventh edition. It also contains an outline of the principal laws affecting nurses. As a directory and hand-book, it is convenient and contains a vast deal of information. In our opinion, the part relating to Canada should be revised.

Chemistry in Daily Life. By DR. LASSAR-COHN. Translated by M. M. MUIR, M.A. London: H. Grevel & Co.

Professor Lassar-Cohn's work is one of the most interesting of elementary books on every-day chemistry. The author, in a common-sense and scientific manner, arrays before us the vast army of chemical facts at the very foundation of all that we do, and in an original, yet simple manner, presents all that the ordinary student needs to know of such things. A reading of the book convinces us of its wide scope and value.

Infantile Mortality and Infants' Milk Depots. By G. F. McCLEARY, M.D. London: P. S. King & Son. 6s.

In the 135 pages of this interesting book we have an able presentation of the facts and statistics *re* municipal milk depots,

and also a general discussion of the question of infant mortality. The author is Medical Health Officer of Battersea, and he has produced a book of great present importance. The illustrations add to the value of the book, which we hope and think will have a large circulation. The problem of the birth-rate and infant mortality is really the problem of national existence; every citizen of the Empire must help to solve it.

1. *Health in India.* Sir Joseph Taylor, K.C.S.I., M.D., President of the Medical Board at the India Office.
2. *Primer of Hygiene.* E. S. Reynolds, M.D.
3. *Hygiene for Beginners.* E. S. Reynolds, M.D.
4. *Science of Common Life.* A. T. Simmons, B.Sc., and E. Stenhouse, B.Sc.
5. *The Soil in Relation to Health.* H. A. Miers, M.A. F.C.S., and R. Crosskey, M.A., D.P.H.
6. *Hygiene for Students.* E. F. Willoughby, M.D.

London: MacMillan & Co.

The above is a most interesting series, varying in size from the small primer of 50 pp., a monograph which may be read through in an hour, to the large hand-book of 560 pp., containing information in every important department of hygiene.

The above-mentioned lecture (1) "The Preservation of Health in India," should certainly be in the hands of every nurse or missionary who is to go to India. It is admirable in its complete and reasonable presentation of the subject.

"The Primer" (2) is intended for school children in the higher grades, and also for those attending university lectures on hygiene in Evening Continuation Classes, County Council Courses, etc. It is clear, thorough and carefully adapted to those for whom it is intended.

"Hygiene for Beginners" (3) is the next step in the series, and contains much more than (2), especially an outline of anatomy and physiology, as an introduction to the main facts of hygiene. It contains 100 illustrations, and as in all the rest of the series, the mechanical part of the book is excellent.

This book (4) is well-known under its former title, Experimental Hygiene. It is intended as an introduction to domestic science, and would be very useful as a book of reference for nurses and others who may have occasion for a work which will explain and show the application of ordinary scientific facts to every day life. A model explanation, for instance, is that on pages 66 and 67, dealing with the conduction of heat.

This (5) is one of MacMillan's Manuals for Students, and is a small book on the principles of geology, in so far as they concern sanitary science. It is interesting, authoritative and

practical, and it contains a great deal of information found nowhere else outside of the large works on geology and hygiene.

This (6) is an approved and favorite text-book, which has appeared under the separate titles, each volume being larger and more important than its predecessor. First published by Messrs. Collins in 1884, as "Principles of Hygiene," and always intended as a Manual for the Examination of the Science and Art Department, it has now (1902 edition) been enriched by accounts of the latest discoveries in medical and allied sciences, and is equally adapted to the purposes of the medical man, the student, teacher and the general reader.

The British Journal of Nursing.—This excellent journal is now in its thirty-fifth year, and, under the editorship of Mrs. Bedford Fenwick, stands for the best interests and highest rights of the profession. Its weekly issues are always interesting and full of articles and news of great importance to nurses. Recent numbers have been necessarily largely devoted to the great question of registration.

Nursing Notes.—Of all our contemporaries, none is more helpful than *Nursing Notes.* The articles are so good that we frequently wish to reproduce them for the benefit of our readers.

The Nursng Times.—This is a new nursing journal, issued weekly by Messrs. MacMillan & Co. It is well-conducted and has several special departments, *e.g.*, "The Wider World of Women."

The Hospital, an English medical weekly, with a large and important supplement devoted to nursing, maintains its place among the best of the English nursing journals.

The National Hospital Record, which is the official publication of the American Association of Hospital Superintendents, always contains articles of great value to those engaged in hospital work.

The American Medical Journalist is a monthly review devoted to the business side of medical journalism and professional work, and of great value to medical advertisers and publishers.

Magazine of the London School of Medicine for Women.—This quarterly magazine is always welcome. The current number contains a valuable article on "The Management of Normal Cases at Queen Charlotte's Hospital."

Journal of the Royal Sanitary Institute.—This is, perhaps, the most important journal of hygiene published. The current number is devoted to the problem of housing.

The Australian Nurses' Journal, the organ of the Australasian Trained Nurses' Association, is now to be a monthly journal instead of a quarterly as before. This journal is an important publication, and we congratulate the management on its success.

Una, the journal of the Royal Victorian Trained Nurses' Association, is an attractive monthly magazine now in its third volume. The current number contains an able lecture on "Japan," delivered at the last monthly meeting of the R.V. T.N.A., and a great many letters and short articles on interesting subjects.

The Nurses' Journal of the Pacific Coast is a handsome and well-conducted quarterly magazine, devoted to the interests of the profession in California.

The American Journal of Nursing, which has a large circulation in Canada, as well as the United States, has done much for the profession. The August number is an admirable one, a number that will be read with deep interest by those who have the progress and welfare of the profession at heart.

The Trained Nurse for August opens with, "Go Put Your Creed Into Your Deed," a thoughtful and stimulating address to the graduating class of the Backus Hospital, Norwich, Conn., by Miss Brennan, formerly Superintendent of Bellevue Hospital Training School, New York.

The Alumnae Magazine of the Johns Hopkins Hospital is one of our most welcome visitors. It is conducted by and for the Alumnæ Association of the J.H.H., and reflects great credit on the hospital and the Association.

Our readers will be interested in an advertisement on another page of this issue in reference to Hourly Nursing and Nurses' Supplies.

Hospital and Training School Department.

IN CHARGE OF MISS HARGRAVE.

Miss Gracey, graduate of T.G.H., 1903, has taken up private nursing in Nelson, B.C.

Miss M. Laughlin, also of St. Catharines G. and M.H., 1893, has gone to California.

Miss M. A. Snively is spending the month of August at Scarboro' Beach, Maine.

Miss DeWitt, of the Buffalo Woman's Hospital, is on special duty at the B. and W. Hospital, Berlin.

Miss Alma C. Murray, head nurse of Riverdale Isolation Hospital, is taking a much needed rest.

Miss Mabel Laud, graduate of G. and M. Hospital of St. Catharines, has taken up private nursing in Toronto.

Miss Lilian Southgate, graduate of S.C.H. '05, has gone to the Roosevelt Hospital to take a post-graduate course.

Miss Grace Boyd Nourse, graduate of the Kingston General Hospital class of 1904, is now head nurse of Galt Hospital.

Miss Margaret Wightman, graduate of Galt Hospital, class of 1904, has charge of a private hospital, Dominion City, Man.

Miss Grace Bolton has returned to Fredericton after taking a post-graduate course in the Polyclinic Hospital of Philadelphia.

Miss Ford, also a graduate of the Guelph General Hospital, has taken the position of head nurse in the Walkerton Hospital.

Miss Bertha M. Toye, graduate T.G.H., '03, has accepted the position of Superintendent of the Parry Sound General Hospital.

Miss C. Hornby, Berlin-Waterloo Hospital, '04, resigned her position as head nurse of that institution and is doing private work in Berlin.

The Royal Alexandra Hospital, Fergus, has been enlarged; another flat having been added, as well as extensive improvements to the interior.

Miss Jennie Conn, graduate of the Hamilton City Hospital, 1903, has gone to New York to take a post-graduate course in the Memorial Hospital.

Miss McKnight, graduate of the Guelph General Hospital, was appointed Lady Superintendent of the County of Bruce General Hospital at Walkerton, and entered upon her duties June 21st, 1905.

Miss K. Manson and Miss Potts, of the S.C.H., are graduates of the Lady Stanley Institute, Ottawa, and not St. Luke's, as stated in the last issue.

Miss Margaret Anderson, Port Perry; Miss Lena Rilance, Beaverton, and Miss Mona Weatherald, Goderich, are recent graduates of Galt Hospital.

Miss Mary L. Stratton, graduate of the Kingston Hospital class, 1903, has been appointed surgical nurse in the Butterworth Hospital, Grand Rapids.

Miss M. Fyfe, class of '03 B. and W. Hospital, Berlin, who has been at Swan River Victoria Hospital, is expected to pay a visit to her alma mater this year.

Miss Cora Canfield, graduate of G. and M. Hospital, St. Catharines, has resigned her position as head nurse and has gone home to Woodstock to be married.

The course of training for the nurses of the Victoria Hospital, Fredericton, N.B., has been extended to three years, with a probation period of three months.

Miss C. C. Fraser, graduate of St. Michael's Hospital, Toronto, has taken charge of the General and Marine Hospital, Midland, during the summer months.

Miss Lena Martin, graduate of G. and M. Hospital, St. Catharines, who is with Dr. Jennie Trout at Palma Sola, Fla., has decided to spend another year there.

Miss M. J. O'Neill, graduate of St. Catharines G. and M.H., '93, has been appointed Superintendent of the Fredrick Co. Medical Association Hospital, Md., U.S.A.

The staff of the S.C.H. gave a dance for Dr. Whyte at the Lakeside Home, July 27th, as he was severing his connection with the hospital. An enjoyable evening was spent.

Miss Alice Landry, graduate of Victoria Hospital, Fredericton, has gone to her home in Dorchester, N.B., for a rest. Miss Landry will engage in private nursing in Fredericton.

Miss Mary Jardine, a nurse in training in the S.C.H., has been obliged to go home for a rest. We hope that she will soon be able to resume her duties, with her health fully restored.

Miss Clara Evans, Superintendent of the Kootenay Lake General Hospital, Nelson, B.C., will spend August and September visiting the Coast cities and seeing the Portland Fair.

Miss Bella Gauld, graduate of G. and M. Hospital, St. Catharines, resigned her position as Superintendent of the Woman's Hospital, Batavia, N.Y., and has taken up private nursing in Winnipeg.

Miss Jessie Murdoch (T.G.H. '02), assistant chief nurse at the Ancon Hospital, Canal Zone, Panama, has returned to her work after spending a short vacation at her home in Guelph.

Miss Alice Cowper, graduate of S.C.H., 1904, who has been taking her post-graduate course at the Roosevelt Hospital, New York, contracted scarlet fever. Miss Tyler has been sent in her place.

Miss Joan Scott and Miss Ida Whitlam, graduates of the Riverdale Isolation Hospital, '02, are visiting friends in Toronto after a period of three years' successful nursing in New York City.

Miss Ethel Gamble, a graduate of the Victoria Hospital, Fredericton, N.B., has been appointed matron of the Woodstock Hospital, N.B. Miss Gamble entered upon her new duties on July 1st.

The Kootenay Lake General Hospital, Nelson, B.C., in charge of Miss Clara Evans, graduate T.G.H., expects very shortly to build a new operating and sterilizing room. New floors have been laid in the public wards, and the hospital is to be painted and kalsomined throughout.

Mr. J. Ross Robertson, with his usual generosity, has presented to the Sick Benefit Fund of the Alumnæ Association of S.C.H., the sum of fifty dollars, and has also offered to furnish the two rooms so kindly presented to the Association; one in the hospital proper, and one in the " The Infections."

It is now the custom in the Sick Children's Hospital to have a class pin as each class is formed. The one for this year, 1905, is a monogram of the hospital initials, " V.H.S.C." The name of the owner is on the back.

Miss K. Lawrence, graduate of St. Catharines G. and M.H., 1902, who has been appointed infirmary nurse at St. Mary's College, Dallas, Texas, is at her home in Parry Sound for a two months' vacation.

Miss Jean Sutherland, a graduate of Galt Hospital class of 1899, has been appointed the Lady Superintendent of the Queen's Hospital, Rock Bay, B.C. This hospital is under the control of the Victorian Order of Nurses.

A laboratory is about to be started in connection with the Victoria Hospital, Fredericton, N.B. It will be in charge of Mr. R. H. McGrath, who recently took a course in laboratory work in the Royal Victoria Hospital, Montreal.

St. Joseph's Hospital, of Glace Bay, C.B., was opened in 1903, and since then has treated over one thousand patients and had six hundred operations. There are at present twelve nurses in training, six of whom will graduate this autumn.

TEXT-BOOKS FOR NURSES

Hampton, "Nursing, its Principles and Practice" $2.00
Stoney, "Practical Points in Nursing" 1.75
Weeks, "Text-book of Nursing" 1.75
Humphrey, "Manual of Nursing" ... 1.00

Davis, "Obstetric and Gynæcologic Nursing" 1.75
DeLee, "Obstetrics for Nurses" 2.50
Fullerton, "Obstetrical Nursing" 1.00

Boland, "Invalid Cookery" 2.00
Knight, "Food and Its Functions" ... .75
Hart, "Diet in Sickness and Health" 1.50
Holt, "Care and Feeding of Children". .75

Dock, "Materia Medica for Nurses" .. 1.50
Stoney, "Materia Medica for Nurses" 1.50

Kimber, "Anatomy and Physiology for Nurses" 2.50
Furneaux, "Human Physiology" ..... .75
Hampton, "Nursing Ethics" 1.50

Pyle, "Personal Hygiene" $1.50
Hewer, "Our Baby" ..... .75
Griffith, "Care of the Baby" 1.50

Warwick & Tunstall, "First Aid to the Injured" 1.00
Pye, "Elementary Bandaging" ..... .50
Roberts, "Ambulance Work" ..... .75
Osborn, "Nursing Ambulance Lectures" .60

Stoney, "Bacteriology and Surg. Tech. for Nurses" 1.50

Dorland, "Pocket Medical Dictionary" (plain) 1.00
Do. (indexed) 1.25
Gould, "Pocket Medical Dictionary" (plain) 1.00
Do. (indexed) 1.25
Morten, "Nurses' Dictionary" ..... .75

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Miss Elizabeth S. MacWilliams, graduate of the Royal Alexandra Hospital, Fergus, Ont., has been appointed Lady Superintendent of the above institution. Miss MacWilliams obtained the gold medal scholarship in her year.

Miss Barwick, Registrar of the Toronto Graduate Nurses' Registry, is a granddaughter of the late Dr. James Bovell, of the Toronto School of Medicine, and of Trinity University, Toronto. Miss Barwick's experience and qualifications are a good augury for the success of the Registry.

Miss McGibbon and Miss Hannant, graduates of T.G.H., have gone to New Orleans. Miss McGibbon will act as assistant to Miss Baldwin in the Polytechnic Sanitorium, and Miss Hannant will do private nursing. The appearance of yellow fever in New Orleans recently will make this a memorable year.

The General and Marine Hospital of Owen Sound has a graduating class of seven nurses for 1905. Dr. C. M. Lang is awarding a gold medal to the nurse who has the highest marks in anatomy, surgery and physiology. Dr. Bent is also giving a gold medal to the nurse who has the best paper on diseases of eye, ear, nose and throat.

Miss L. G. Keene, who recently finished her post-graduate course in the General Memorial Hospital, New York, and who has been engaged in private nursing in that city during the last few months, has returned to Fredericton for a short rest.

Miss Helen King and Miss Maud Brown, graduates of the T.G.H., left Toronto on August 10th for the Yukon, to take positions in the Good Samaritan Hospital, Dawson City, in place of Miss Moodie and Miss Graham, who have resigned and are returning to Toronto.

A happy week was spent by three of the old graduates of the G. and M. Hospital, St. Catharines, when they met together recently in the far west: Miss Smith, of Weyburn, Assa.; Mrs. Hamil (nee Foster), Indian Head, and Miss Draper, who had been nursing at Rosthern, Sask. Mrs. Hamil entertained her sister nurses at her home. Miss Draper was on her way home to St. Catharines, Ont.; Miss Smith, who has charge of the Weyburn General Hospital, is expected at her home in St. Catharines in the autumn.

The Victoria Hospital Training School for Nurses, London, Ont., graduated its twenty-second class on Wednesday, May 31st, in the Auditorium. The following were presented with their medals and diplomas by Mr. S. Screaton, the Chairman of the Trust: Eva L. Bond, Ethel M. Fraser, Edythe T. Fredin, Isabel I. Hutchinson, Florence Mae Magill, Miriam Sharpe, Jessie K. Smith, Lizzie Thom, Annie B. Wall, Francis

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"THE WELLAND," St. Catharines

V. Whitney. Before receiving their diplomas the graduating class repeated standing the Nightingale Pledge. Addresses were given by His Lordship the Bishop of Huron, Dr. John Wilson, and the Mayor, Dr. Campbell. The new Nurses' Home, built by the City of London, for the pupil nurses, was at the same time declared open by Dr. Campbell. The Home, which is a three-story brick building, contains fifty-three single and six double bedrooms. It faces east and west, and is well equipped with laboratories, sitting-rooms, a dining-room, laundry and kitchen. The nurses will in future have their domestic science work in the Home, where, under a competent instructor, they will cook for their own table, and have theoretical and practical lessons in cooking for the sick and canvalescent.

The Alumnæ Association of the S.C.H., Toronto, are anxious for a fuller membership to share the benefits derived from the monthly meetings, and keep the graduates in touch with one another. The Social Committee are promising an interesting programme for the coming season. A leaflet will be published giving lectures, lecturers and date.

The annual meeting of the Kingston General Hospital Alumnæ Association was held on May 26th, 1905. The officers elected for the next year are: Hon. President, Miss Gordon; President, Mrs. Tilley; 1st Vice-President, Miss Veale; 2nd Vice-President, Miss Reid; Secretary-Treasurer, Mrs. Nicol; Assistant Secretary, Miss Montgomery; Convener of Surgical Supply Cupboard (assisted by all the members of the Alumnæ), Miss Walsh. The past year has been a most successful one, and a Nurses' Library has been begun.

Miss Margaret Kidd and Miss Kathleen Streeleas, graduated from the Calgary General Hospital in July, 1905. The system of training pupil nurses in this hospital is being reorganized. Up to the present there has been one graduate in the General Block. Her post was that of head nurse. This has proved to be quite unsatisfactory, so far as the training of the nurses is concerned, and the directors have been persuaded to abolish the position of "head nurse," and to appoint two graduates, one in entire charge of the upstairs floor, and one in charge of the operation room and downstairs room, combining also with her duties the dispensary work. A graduate to be in charge at night is also to be appointed, and a graduate in charge of the new Isolation Block to be opened shortly.

The "Made in Canada" Exhibition, held in Galt the last week in June, in aid of the hospital, was a great success, and will add about $2,800 to its funds. At the Nurses' Booth all kinds of fancy and useful articles were sold. These were contributed by patients, ex-patients, nurses and friends of the hos-

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pital. The deep interest shown alike by the graduates and pupil nurses was most encouraging. Generous contributions came from those who are now distant thousands of miles from their alma mater. This was the only international booth, and cleared about $300. A very interesting feature was an exhibit of dolls in the uniform of the different training schools. The Committee having charge of the booth are very grateful to the superintendents and nurses who sent the dainty little ladies to represent their hospitals.

The Collingwood General and Marine Hospital Training School for Nurses held its annual graduating exercises, June 2nd. The opening address was delivered by Mrs. W. J. Bassett, President of the Woman's Board of Management. The address to the graduating class was most ably given by Dr. Aylesworth, President of the medical staff. The diplomas were presented by Mrs. Bassett. The medals were the gift of Mrs. Lett, patroness of the school, who pinned them on the graduates. The class pin was given by Miss Morton, Superintendent of the Training School. Miss Morton was presented with a beautiful bunch of crimson roses by the alumnæ of the training school. The graduates are: Miss Gerald Morton, Bradford; Miss Annie Moore, Orono; Miss Mary Robinson, Bateaux; Miss Etta Wilson, Collingwood; Miss Mary Lord, Barrie; Miss Bertha Klinck, Duntroon.

The graduates of the General and Marine Hospital, Collingwood, met on Saturday afternoon, May 30th, and organized an Alumnæ Asociation, beginning with fifteen members. The object of this organization is to promote unity and good feeling among its members, and the advancement of the interests of the nursing profession. Officers were elected as follows: Patroness, Mrs. F. Lett; Hon. Member, Mrs. Bassett; Hon. President, Miss Morton, Superintendent G. and M. Hospital; President, Miss Redmond; 1st Vice-President, Miss Knox; 2nd Vice-President, Miss Carr; Secretary, Miss Jenkins; Treasurer, Miss Morrison. It was decided to meet in the board-room of the hospital on the last Saturday of every month, between three and five p.m., the annual meeting to be held in May. At these meetings, papers dealing with subjects pertaining to the profession will be read by physicians, members and others. Social gatherings will also be held at different times during the year.

The graduating exercises of the nurses in training at the Nicholls Hospital, Peterboro', which took place on June 26th before a large and representative audience, were a great success. The musical programme, the addresses, and the presentations were all enthusiastically received and enjoyed by those present. Mr. Richard Hall, Chairman of the Hospital Board, presided, and gave some interesting particulars of the work of the hos-

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FIG 3

FIG. 1

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pital. The first class of nurses graduated in 1893, and now there are about 44 graduates. Last year 425 patients, 94 of whom were free, were admitted to the hospital. The Rev. Mr. Langfeldt addressed the nurses, and Dr. Caldwell presented the diplomas. The graduates are Miss H. D. Wilson, Miss N. J. Foster, Mrs. L. J. Doyle. The Superintendent is Mrs. Coleman, and the assistant, Miss H. A. Coleman.

The regular monthly meeting of the St. Thomas Graduate Nurses' Association was held at the Amasa Wood Hospital, Jnne 21st, 1905. After the business meeting, Dr. Jennie Drennan gave a very interesting talk on mechano-therapy.

On June 17th a most successful garden party was given by the Kingston General Hospital Alumnæ Association. The hospital grounds, always pretty, were made more so by display of bunting and the bright costumes of pretty girls, who dispensed tea and sold all sorts of wares. The tea-table was decorated with scarlet streamers and poppies, and the assistants wore white dresses with scarlet belts, or sashes, and poppy hats. In the "Briar Patch," the commodities that men would be likely to buy, were sold. These included flowers, pipes and tobacco. Here also was to be found the fortune-teller. The ladies at this booth wore a Turkish costume, which was very becoming.

One table had a Jack Horner pie (with a real crust), containing plums of all descriptions; while from still another table candies were sold. The cakes, strawberries and ice-cream were in great demand, but the mecca of all the children, and older people as well, was the Punch and Judy show. At night, Chinese lanterns made the grounds gay and bright, and the 14th Regiment Band, which had enlivened the afternoon proceedings, was again present.

The commencement exercises in connection with the school of nursing of the Butterworth Hospital, Grand Rapids, were held in the Fountain Street Baptist Church, May 18th. The address to the graduates was delivered by Dr. J. B. Whinery. It was most instructive and showed the keen interest taken in the educational work of the nurses. Diplomas were presented by Dr. G. K. Johnston to the following nurses: Luella F. Bockstahler, Indiana; Beatrice Graham, Grand Rapids; Jeannette Boer, Grand Rapids; Katherine M. Currie, Nova Scotia; Mary Marshall, Guelph, Canada. Mr. Edward Lowe, President of the Board of Trustees, pinned on the badges. The annual report, which showed the school was in a flourishing condition, was read by Miss Elizabeth G. Flaws, Superintendent. A pleasing innovation was the older graduates of the school appearing in their pretty white uniforms, which lent an attractiveness to the scene that the uniform of the nurse always tends to produce. The graduates were presented by their friends with many beauti-

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ful flowers, which were distributed after the exercises. The following day, Mrs. Eugene Boise, President of the Board, held a reception for the nurses at the Country Club.

MARRIED.—Bilger-Wismer—On Saturday, July 1st, 1905, at Dunnville, Ont., Arminta Wismer, a graduate of the T.G.H., was married to Mr. Bilger, of Toronto.

MARRIED.—Reeve-Ritchie—On June 5th, 1905, at Stayner, Ont., Maud Ritchie, a graduate of the Toronto General Hospital, was married to Herman Reeve, of Montreal.

MARRIED.—Allison-Roberts—On Thursday, July 27th, 1905, at Adolphustown, Ont., in St. Alban's Church, Florence I. Roberts was married to Dr. B. N. Allison, of Williamstown, N.Y. Mrs. Allison is a graduate of the T.G.H.

MARRIED.—Robinson-Burnet—On Thursday, July 20th, 1905, at the residence of Mr. and Mrs. Adam Robertson, Durham, Ont., by the Rev. Mr. Farquharson, their daughter Elba was married to Dr. A. C. Burnet. Mrs. Burnet is a graduate of the Hamilton City Hospital.

MARRIED.—Ross-Thompson—On Thursday, June 22nd, 1905, by the Rev. T. H. Brown, assisted by Rev. Rural Dean Thompson, Julia Hlen, Daughter of Cantain Thompson, Meaford, was married to William D. Ross, of Welland. Mrs. Ross is a graduate of the Guelph General Hospital.

MARRIED.—Bright-Gunn—On Thursday, July 13th, 1905, at Toronto Junction, by the Rev. George McKinley, of Thornhill, Estella Louise, daughter of Mr. W. A. Gunn, was married to Dr. H. R. Bright, of Drayton. Mrs. Bright was Superintendent of Royal Alexandra Hospital, Fergus, Ont.

BIRTH.—Pickersgill—On June 23rd, 1905, at Wyacombe, to Mr. and Mrs. T. A. Pickersgill (nee Smith), a son.

Died—Of tuberculosis, at her home in Muskoka, July, 1905, Mrs. Atkin, formerly Miss Sarah Forge, class 1893, Grace Hospital, Toronto.

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3. How will you prepare a normal salt solution, and how will you administer it by the rectum for four days after a serious hemorrhage?

4. Describe briefly two methods of artificial respiration for asphyxiated new-born babies.

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4. Give most common sources of infection from pulmonary tuberculosis, typhoid fever and smallpox.

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2. Name eight drugs that are classed as cardiac stimulants and give their dose. Name the most powerful and most easily obtainable heart stimulant which a nurse would be justified in using in the absence of a physician.

3. Write a short note on the following drugs, giving action, dose, for what given: Apomorphine, croton oil, Epsom salts, (1) strychnine, (2) calomel, (3) atropine, (4) chloral, (5) belladonna, (6) morphia. Give symptoms of overdose for the last six.

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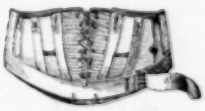

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The Canadian Nurse

A QUARTERLY JOURNAL FOR THE NURSING PROFESSION IN CANADA

VOL. I. TORONTO, DECEMBER, 1905. No. 4

REGISTRATION—AT HOME AND ABROAD.*

The movement for Registration of Nurses took its rise in England in 1887, with the founding of the Royal British Nurses' Association, by Mrs. Bedford Fenwick, and a small group of English matrons.

The more keen-sighted of English nurses already felt that demoralization of the standards of modern nursing, not long since lifted by Miss Nightingale, was threatening and was bound to result from the rapid multiplication of so-called schools for training, over which no supervision was exercised, and in which no noble professional motives but only strict commercial interest guided the policy. They realized precisely what we realize today, that a thousand spurious articles are being manufactured and put forth as the "Trained Nurse," that bogus training schools were being made commercially profitable to their owners, that the public was being duped and exploited, that unsophisticated young women were being deceived and tricked into joining "private nursing homes" and "correspondence schools," and that a rapid debasement of genuine standards of nursing was thus progressing. They realized, too, that purification could only come from within, and that nurses themselves must prepare to defend their profession, protect their education, and announce a genuine standard, since others could not or would not, The formation of the Royal British Nurses' Association was the first step in the organization of nurses now so splendidly and vigorously progressing in every country of the civilized world. I should like to go with you into the early history of this association, the bitter opposition which it encountered, the stifling which for many years it was subjected to at the hands of reactionary officers, and the way in which its nurse members finally asserted themselves,—but it would take too much time. You can read it all in the early numbers of the "Nursing Record," now the British Journal of Nursing. Until a few years ago, the subject of registration was suppressed in England, except in the Matrons' Council, where the progressives still upheld and worked for the principle of legal

*An abstract of an address delivered in Toronto, October 19th, 1905.

status and genuine nursing education. Meantime, however, some of England's colonies were more enlightened and liberal. South Africa first, and New Zealand second, secured legislative Acts fixing a standard of training for the nurse and protecting her and the public from fraud. In Australia both the Australasian Nurses' Association and the Victorian Association are working actively by means of a voluntary registration plan, to arrive at definite minimum standards, and to secure State legislation. In Holland and Germany there are definite movements for State registration, and in the former country there is an association trying to carry out a voluntary examination and registration plan.

As you know, the nurses of the United States are working vigorously and with encouraging success to fix honest training standards by the authority of the State, and many notable Canadian women who have trained and are working in our midst are foremost in this effort. We now have State organizations of nurses in 21 States, and have secured the passage of laws in ten States, though not all of these have had time to show results. As the progress of this movement is fully reported in the American Journal of Nursing, which is accessible to you all, I will not attempt to go into detail. It is enough to say that we have established the principle of the justice of placing the examination of nurses in the hands of nurses, by the creation of our nurse examining boards. This is the only way to keep the State examination of nurses *practical,* and to ensure their being taught *to do,* as well as to know, the essential characteristic of sham training being to cover the absence of real ability *to do* by a veneer of superficial knowledge from books.

We must return now to England to note the formation of a new and fresh army to fight in the battle against dull prejudice—the State Society for Registration, again the work of Mrs. Bedford Fenwick, the untiring, who has been its secretary, with Miss Louisa Stevenson as President. It has been the triumphant result of the labors of this society that a registration bill has been presented to Parliament—that the Royal British Nurses' Association cast off the control of bigoted officials—that the Select Committee was appointed, and that it has brought in a favorable report. What this means, you, perhaps, not knowing the hidden prejudices of England, cannot realize. In closing I would only like to say, stand by our professionally edited Nursing Journals. You have yours, we have ours, the English and Australian nurses have theirs, and they are staunch in loyalty to high ideals, and have done marvels in creating public opinion; whereas the commercially edited papers, which exist only to make money out of nurses, have been, and are to-day, steadily and bitterly hostile to organization, to every form of self-help and independence for nurses, and have done their utmost to defeat our efforts for a minimum standard of training. Do not make the mistake of

thinking that this is only a nurses' movement. It is a tremendous educational movement, and a vast factor in the gradual uplifting of women the world over—it is a piece of human progress.

L. L. Dock.

A REGISTRATION MEETING.

On the evening of Oct. the 19th, a meeting under the auspices of The Graduate Nurses' Association of Ontario was held in the Theatre of the Normal School, Toronto, to listen to addresses on the subject of "State Registration for Nurses." To this meeting all graduate and under-graduate nurses, members of the medical profession, and those interested in the advancement of nurses, were invited.

The speakers of the evening were Miss L. L. Dock, of New York, Hon. Sec. of the National Congress of Nurses; Prof. Irving H. Cameron, and Mrs. Willoughby Cummings, Sec. National Council of Women. Miss M. A. Snively, Superintendent of Training School, Toronto General Hospital, occupied the chair.

Miss Dock, who has spent the greater part of the past four years studying the subject of Registration both at home and abroad, first dwelt on the meaning and need of registration, and then gave the history of the movement. Her address (see page 11), was listened to with the greatest interest and attention. Prof. Cameron followed in a very happy speech, in which he said that he felt sure he could pledge the whole medical profession to do all in their power to assist the nurses in what must be felt to be a most reasonable demand, recognition by the State.

Mrs. Willoughby Cummings gave an account of a paper sent by the Legislative Committee of the G. N. A. O., to be read at the annual meeting of the National Council of Women, held last June in Charlottetown, P.E.I. Every woman in that large gathering endorsed the idea of nurses being registered as a protection to the public, and the Council was ready and anxious to assist the nurses in any way in its power.

Dr. Brown, Medical Superintendent of Toronto General Hospital, expressed himself as most willing to do all he could to help the nurses. Having some knowledge of the technicalities of passing bills, he desired to make it of use in obtaining the legislation sought for.

A vote of thanks to the speakers and chairman was moved by Miss C. Mitchell, and seconded by Miss Matheson, and most cordially carried by the audience.

Notwithstanding the inclement weather the meeting was a very large one, the hall being nearly full, and the attention to and interest in the speeches was marked.

One object, and that perhaps the main one that the promoters of the meeting had in view, was to give the undergraduate nurses, whose heavy hospital duties and constant studies leave them very little time for reading the Nursing Journals, an opportunity of hearing concisely and clearly why legislation was so earnestly sought, and what had been accomplished towards this end.

It was cause for satisfaction, therefore, that all the city hospitals, but one, made such arrangements that every pupil nurse who was not required in the wards, might avail herself of what was so largely intended for her benefit. The one exception was a disappointment and a deep regret.

THE CENTRAL REGISTRY.

The Central Registry, after five months' hard work, may be considered as fairly well established, and although the work has been slow and the discouragements many, still there is a definite improvement, and we can now feel that we are becoming known to the public and profession generally. Up to date our membership list consists of the following graduates:

Toronto General Hospital, 31; St. Michael's Hospital, 17; The Sick Children's Hospital, 18; The Western Hospital, 6; Riverdale Hospital, 5; Orthopedic Hospital, 2; outside Canadian and English Nurses, 15; American Hospital, 15; Grace Hospital, 19, making a total of 128.

Moneys received in Registry fees from June 1 to Nov. 1, 1905, $405.00; amount spent in advertising, telephone rentals and Registrar's salary, $313.56; balance in bank, $91.44; fees due Registry, $235.00.

The following is the list of calls received at the Central Registry for the five months: June, Registry calls, 3; personal, 3; total, 6; visiting nurse, 1. July, Registry calls, 9; personal, 1; total, 10; visiting nurse, 5. August, Registry calls, 36; personal calls, 3; total, 39; visiting nurse, 6. September, Registry calls, 46; personal 6, total 52; visiting nurse 2. For October, Registry calls, 26; personal, 7; total, 33; visiting calls, 4.

Before closing I should like to express, on behalf of the Registry Committee, our warmest thanks and keen appreciation of the able assistance given us by the members of the Registry, the homes and hospitals throughout the city, and also our sincere regret at the departure of Miss Christie, who carries with her our kindest wishes and warmest interest for her future.

ETHEL BOVELL BARWICK,

DISTRICT NURSING

District nursing has become more familiar to us since the Jubilee, though it is really as old as the nursing profession.

There is no sentimentality about district nursing, but solidity and strength of character, sympathy, tact and discretion are the necessary qualities for the woman to possess who takes up this most important work.

Much common-sense and judgment is required if we would help without pauperizing. It is Christ-like work. Moral influence has no limit and the aim should be to effect lasting good, though amid disappointments and discouragements.

The earnest nurse who teaches thrift, self-help, self-restraint and self-respect is one of the most potent helpers in solving the social problems of the day.

In her daily rounds she will see and hear sad things, and the old proverb proves true, "When poverty comes in at the door love flies out at the window."

The women and children she visits are better acquainted with abuse than with kindness. The bright, cheerful face of the visitor inspires confidence; she brings sunshine to the home and heart, where darkness and despair have been.

There never can be a better opportunity for the nurse to show her ability than when nursing in the poverty-stricken home. There is a lack of all the hospital conveniences, and really nothing to work with but what she herself carries.

One is tempted at once to relieve when destitution arises; it is best to give carefully. At present the charitable organizations in New York are trying to undo the supposed "good work" of past years (the promiscuous giving of religious societies), and teaching instead the necessity of earning what is given, or giving something in return for what they get.

Free doctors, free dinners, free nurses, free clothing have destroyed the best maternal instinct.

The immediate needs can be overcome at once, as they will always arise. In most cases they can be foreseen and preparation made, the nurse teaching them to help themselves.

People in every station shirk responsibility, perhaps oftenest n the poor class. Teach the mother her responsibility toward ner family. Get her to grasp this, and the nurse has accomplished much towards making good citizens.

"Ask God to give thee skill in comfort's art,
That thou be consecrate and set apart,
For great the weight of woe in every heart."

CHRISTINA A. MITCHELL.

DISTRICT NURSING.

District nursing, though laborious, is perhaps the most interesting work a trained nurse can undertake,

She should, at the outset of her work, make herself fully acquainted with her district, to know the shortest, easiest way to the little lanes and alleys, to be able to climb the rickety staircases which at first sight you would hardly care to venture upon, but which, alas! are not infrequently found in the slums of our cities. This, I have found, saved me retracing many a step, also car fare, and afforded me more time for professional duties.

The nurse must be ready at any time to answer an emergency call, which invariably comes at night, and not infrequently after she has had a very busy day and would enjoy a rest. This has been my experience many times, but it is not so in large cities where there is a district night nurse, who relieves the day nurse of such calls. We find that "an ounce of prevention is worth a pound of cure," often saving a patient a doctor's bill, besides many incidental expenses. Often we go to homes which, at first sight, look as if the family had just moved in, or were in the act of moving out; and where there is not the slightest regard for sanitary laws. After a few visits to such a house you will find it is only the chronic state of affairs. In such cases the nurse's attention should not be confined solely to her patient, but she should strive to insist on laws of comfort and cleanliness, though her advice in this connection is not always received in the most gracious manner.

On the other hand, we will find many a neat, clean little spot, where there is much sickness and trouble, and where poverty abounds; these little places, though few, are looked upon as an oasis in the desert, where the district nurse is always welcomed. It is essential that the district nurse should always maintain her dignity and authority, and at the same time have a heart full of sympathy and love for the poor and afflicted. She must always have a smile for the half-clad little urchins that follow her down many an alley and look with wondering eyes at the mysterious bag she carries. And, indeed, it is a mysterious one, as mine has often held at the same time, chicken broth, beef tea, jelly, besides dressings, drugs, instruments, etc. It may seem strange, though nevertheless true, that the nurse is looked upon by many of her patients as almost infallible, and is consulted in matters both temporal and spiritual. At such times she will find many an opportunity to help both soul and body. We also find in our daily rounds that it is not always actual disease we have to cope with, but a most deplorable degree of both moral and spiritual apathy, caused by the surrounding atmosphere of insanitary dwellings,

lack of proper food, and a continual struggle for a livelihood. In such cases the nurse should administer a large dose of common sense and a little substantial aid, and she will prove (and this should be her aim) a blessing in her district.

GEORGIE H. COLLEY,
158 Park Ave., Montreal. Cor. Sec. C. N. A.

THE DYNEVOR HOSPITAL, SELKIRK, MANITOBA.

This hospital is entirely for the Indians and half-breeds. No white patients are taken; the rule is to admit no patient who does not receive "treaty money" from the government.

It is situated at a lovely spot on the Red River, about half-way between Winnipeg and the mouth of the river, and is reached by rail to West Selkirk, then a drive of three miles through a well-settled district; the farms on either bank of the river being cultivated by the original owners, Indians and their mixed descendants. The hospital proper was originally the house of the late Archdeacon Cowley, built about forty years ago, and is as substantial to-day as then; the greatest objection to its present use being the small, deep-set windows. It has been used as a hospital about ten years, and at present can accommodate about twelve or fourteen patients. There was a very nice Nurse's Home built adjoining it, through the efforts of some of the Eastern churches' missionary aids, but as there has never been more than the one nurse, it has never been used. Miss Mitchell, a graduate of the Southern Infirmary, Liverpool, England, has been in charge for the past five years, and as there is no resident doctor, and she is nurse in charge, dispenser and compounder of drugs, head cook, chief gardener and general factotum, with only one Indian girl in the kitchen as help, one can readily understand why she has only had one short holiday in her five years. In fact, she is a missionary in every way, and has to make ends meet, both in surgical, housekeeping and all other work.

As her patients are nearly all tubercular, the work gets quite monotonous. If it were not for an occasional shooting accident, it would be almost impossible to continue working for such a length of time in the surroundings.

One case, for instance, came all the way from Moose Factory. In the winter an Indian had been accidentally shot in the arm whilst out trapping, and it was three weeks or more before he reached the hospital. His arm was in a fearful condition, and

had to be amputated at the shoulder. However, for once there seemed to be no tubercular complications, and there was every prospect of his getting back to the north again.

It is marvellous the stoical way in which all Indians bear pain, but it is very sad to see the number which are cut down yearly by their worst enemy, tuberculosis.

Miss Mitchell has the grounds in first-class shape, and takes her relaxation in superintending and making her patients interested in out-door work. Her vegetables were far ahead of those on the farms, and as for flowers and indoor plants, they were many and beautiful.

This hospital is supported by the Government and aided by the Anglican Churches throughout Canada. Though placed in such a beautiful spot, it is shut off in winter time, and Miss Mitchell deserves all sympathy and honor for the courage and steadfastness in her labors for the bodies and souls of the "noble red man," who, unfortunately, seems now doomed to be wiped out by the "great white plague."

A. M. Crawford.

THE ALUMNÆ ASSOCIATION—TORONTO GENERAL HOSPITAL TRAINING SCHOOL FOR NURSES.

The annual meeting of the Alumnæ Association of the Toronto General Hospital was held in the Lecture Room of the Nurses' Home. In the absence of Miss Lennox, the president, the chair was taken by Miss Hodgson, first vice-president.

Officers 1905-1906.

Honorary President, Miss Snively, Toronto General Hospital; President, Miss Grace Hodgson, 82 Bloor St. West; 1st Vice-President, Miss Lucy Bowerman, 551 Sherbourne St.; 2nd Vice-President, Miss Minnie Christie, 19 Classic Ave.; Treasurer, Miss Neilson, 295 Carlton St.; Recording Secretary, Mrs. Charles G. Begg, 264 Carlton St.; Corresponding Secretary, Miss Julia Stewart, 12 Selby St. Directors: Miss S. Gladstone, General Hospital; Miss Clara Brown, General Hospital; Miss M. Tweedie, 63 Langley Ave. Conveners of Committees: Miss Mitchell, Com. of Publication, 380 King St. West; Miss F. N. Davis, Com. of Legislation, 179 College St.; Mrs. Findlay, Com. to Visit Sick Nurses, 649 Church St.; Miss M. Roberts, Programme Com., 551 Sherbourne St.

Secretary's Report.

Toronto, October 10th, 1905.

The seventh anniversary of our Alumnæ marks an epoch in the life of the Society. Substantial progress hs been made all

along the line and important new work begun, notably, the publication of a quarterly magazine, THE CANADIAN NURSE, and, in conjunction with other Alumnæ, a Central Registry.

Nine regular and two special meetings were held during the year, with an average attendance of thirty. The membership of our Alumnæ is one hundred and forty-three, with a balance in the bank of $158.08. This is a creditable showing, considering that not many more than one-fourth of the graduates are members of the Society. The Association would rejoice to have all T. G. H. graduates, far and near, one with us in our society work.

The Sick Benefit Fund is growing slowly. There is a balance in the bank of $450.52, though the membership is but thirty. This is a form of insurance which should commend itself to every nurse, and we hope the close of the year we are entering upon will see its membership materially increased.

Two changes were made in Articles II and III of the Constitution, a corresponding secretary was appointed in December, and the conveners of standing committees were added to the Board of Directors in April.

The work done by four small standing and various temporary committees during the year has been so important and so arduous it is difficult to express our appreciation of it. The Social Committee, under the able management of its convener, has, by written and personal communication, compiled a list of one hundred and seventy nurses practising their profession in Toronto, graduates of good hospitals in Canada, the United States and even England. This list has facilitated the work of the O. A. G. N. Secretary, besides broadening our own interests, as many of these nurses come to our meetings. The work of this committee has brought legislation, our grand ultimate aim, appreciably nearer.

The O. A. G. N., which is really the result of years of work on the part of some of our members, held its second annual meeting in April. Much was accomplished at this meeting, and best of all, that warm good-will which is so necessary to the success of such a society, was apparent in all the proceedings.

The Central Registry Committee, working with committees from the various Alumnæ Associations in the city, have together succeeded in placing on a firm basis such a Registry as will be known and used by prominent medical men throughout Ontario. The measure of success already attained augurs well for the future of the Registry, and this Alumnæ Association would heartily commend it to all nurses practising in Toronto.

The work of the Publishing Committee has, indeed, been a strenuous one, and has involved not only the sacrifice of time, but has also necessitated the giving up of pecuniary interests for the higher and nobler work of serving. The rank and file of nurses will never know just how much labor and sacrifice has been endured by the members of this committee during the past year,

and to them, and to the energetic Editor-in-chief, Dr. Helen MacMurchy, this Alumnæ Association owes a deep and lasting debt of gratitude.

To those nurses who have suffered illness personally or in their homes, and to those who have borne loss of kin, we extend our sympathy.

The cordial thanks of the Association are offered those who addressed our meetings, namely:

Mr. Flavelle, on a New Hospital; Miss Barwick, on a Central Registry; Dr. Adam Wright, on Provincial Registration; Mr. Roy, on the preparation of Lacto-Globulin food for infants and invalids; Dr. Helen MacMurchy, on The Habit of Classification; Miss Snively on Parliamentary Law.

This was an unusual year. Contrary to our usual custom we had no regular lectures, yet the deep interest engendered by our new undertakings has increased the attendance of our own membership. Not only that, but members of other Alumnæ Associations and the nurses whom our Social Committee reached are frequently with us.

A committee of two was appointed to make enquiries respecting a course of lectures for the coming year, with the result that two courses are being prepared; one will be delivered to us as a society in our meeting hall, the other will be given elsewhere—a course that will, we hope, find favor not with nurses only, but with the public.

To Miss Snively this Alumnæ Association wishes to pay a tribute of thanks. She has been our guide in all our work, our preceptress during and since our student days, our friend always. We welcome her kindly criticism, knowing her judgment wise and keen. We give her honor and love from our hearts, and may she long be spared to the work to which she has been a wide-spread influence and an inspiration.

JESSIE AGNEW BEGG,
Secretary.

TREASURER'S REPORT.

FOR THE YEAR ENDING SEPTEMBER 30TH, 1905.

RECEIPTS.			DISBURSEMENTS.	
To balance in bank from 1904		$129 25	By sundry accounts	$201 01
" an'l fees and dues	$181 00		" cash in bank	158 08
" bank interest	4 44			
" special sub-cription.	2 40			
" proceeds from reception ti kets	42 00			
		229 84		
Total		$359 09	Total	$359 09

Audited and found correct.
CHAS. G. BEGG.
October 9th, 1905.

M. E. DOUGAL, *Treasurer*.

SICK BENEFIT FUND.

Receipts.			Disbursements.	
To balance in bank from 1904	$358 58		By sick benefits paid	$40 00
" members' dues	$120 00		" cash in bank	450 52
" bank interest	11 94			
		131 94		
Total		$490 52	Total	$490 52

Audited and found correct.

CHAS. G. BEGG.

Oct. 9th, 1905.

M. E. DOUGAL, *Treasurer.*

REPORT OF PUBLICATION COMMITTEE.

Toronto, Oct. 10th, 1905.

The Publication Committee take pleasure in bringing a full report before the Alumnæ Association, hoping to accomplish thus what we have failed to do by other means.

There is just one more issue of THE CANADIAN NURSE to complete its first year.

It has more than come up to our expectations. It has certainly filled the need already, broadening our minds and uniting us in sympathy with each other.

It has become the official organ of the Graduate Nurses' Association of Ontario, the Alumnæ Association of the Hospital for Sick Children, Toronto, the Alumnæ Association of the Western Hospital, Toronto, and the Alumnæ Association of the Toronto General Hospital.

We hope in time our journal may become the official organ of all the Associations in our profession in Canada. We beg you, as individuals, to take individual responsibility. Your Committee have not spared themselves in any way to carry out the wishes and further the interests of our journal.

We know there are only a few who are deeply interested. To make the journal a success, all must be. When first it was spoken of, the idea was to have a very small paper, costing little, and supported by the Alumnæ Association of the Toronto General Hospital. When the Committee was formed and the matter considered, we decided such a paper would not answer, and immediately asked permission to enlarge it and publish a magazine worthy of our profession in Canada. As THE CANADIAN NURSE is the first Nursing Magazine in our country, it should have a good appearance. We have now a magazine which does us honor, not only in appearance, but throughout, and every issue has been enlarged. This calls for more money.

Our Editor, Dr. Helen MacMurchy, to whom we owe the high standard of the magazine, has been of the greatest help to us. It is due to her unselfish and generous efforts that our magazine takes the place it does. Being thoroughly acquainted

with the business of such an undertaking, she has carried us safely through.

Miss Minnie Christie, our Business Manager, has worked most faithfully, giving up nursing entirely to carry on the work.

Miss Hargrave's work has been invaluable, many hours being spent in preparing her department.

Also Miss Lennox and Miss Hodgson have been untiring in their efforts, in getting advertisements, subscriptions, and in correspondence. We ask you, now, to show your appreciation of our united efforts, by putting it into practical work. We have issued 1,000 copies quarterly, which means 4,000 a year. These have been sent to England, United States, and all over our own great country. Our subscription list should be doubled. Will all who have not already subscribed do so before leaving this meeting? Also pledge themselves to secure six new subscribers, or even three, yes, one.

The yearly subscription for our magazine (50 cts.), suits the means of every nurse. If all would unite we should have no difficulty in raising our circulation to 2,000. Will you read every article in it? Nothing is printed but what is of vital importance to us. We are being educated by it, on the burning questions of the day. We beg you to study it, discuss the articles with your friends, and send your criticism to our Editor, who will endeavor to put into its pages what is most interesting to you.

We try by this report to show that THE CANADIAN NURSE belongs to you, and this means you must support it, also our Editor, Business Manager and Committee. Again may I urge you to come forward and work up this subscription list. We have both ability and energy. Let us show it by bringing up our subscription list to 2,000. We thank the nurses who have so ably assisted and supported the Committee in this important work. Much has been laborious, but we have taken pleasure in doing it, as well as gaining much valuable experience.

Respectfully submitted,

CHRISTINA A. MITCHELL,
Convener Pub. Com.

REPORT OF CENTRAL REGISTRY.

It is with pleasure that I accepted your President's invitation to report on our new venture—the Central Registry, which was started, as you all know, on the 1st June last.

Prior to this time, and in the unavoidable absence of the Registrar, the Registry Committee had pamphlets printed and distributed among all the doctors and nurses throughout the city, and so things were laid in train as it were for the opening, which was marked by our first case on June 2nd. In that month 27 nurses joined and there were six calls, with one for the visiting nurse.

July was a decided improvement as far as calls were concerned, there being ten for the private nurses, and five for the visiting nurse, but there were only nine added to our list. For August 39 private calls, six visiting nurse, with 26 added to the membership. For the month of September, private calls 52, visiting calls 2, new members, 30. At present our roster consists of the following graduates:

Toronto General, 23; S. C. H., 15; St. Michael's, 12; Grace, 16; Riverdale, 5; Western, 4; Orthopedic, 1; English and Canadian, 11; American, 14, making a total of 101.

Our work here is most seriously hampered by that of the untrained or partially trained women, who will undertake a case from $8.00 upwards, getting even as much as $15.00; so to do away with this evil as far as possible, the Registry Committee have adopted this plan, to ask a nurse, who is low down on the list if she will take the case for whatever sum the doctor assures us can be paid; that we will keep her on the list, and move her up as the nurse above her goes out, so by the time the district case is over she will be at the top, or near it, for an $18.00 a week case; or if she should receive a special call in the interim, then we will try and have her relieved, so she can accept it. I spoke to one of our leading physicians about this plan; he was most enthusiastic, and said we were indeed greatly elevating our profession by so doing. We are hoping to be of some assistance to the Victorian Order this winter, when they are overworked and when a patient cannot pay anything, or an emergency obstetrical case. Then if the nurse will give her service for the confinement, the Registry Committee will pay her expenses, such as laundry, car fare, etc., and $5.00 has been put away for this purpose. The fees up to date have amounted to $340.00, and the expenses $290, this amount having been spent on the office books, advertising and Registrar's salary.

We have in the bank at present, $68.67, and the amount of Registry fees due us is $175. The only expense we have is about $5, due Grand & Toy, for printing large, white, square cards, to be hung by the telephones in the various institutions in the city. They simply have the address and telephone number of the Registry, with the remarks that nurses are provided any hour, day or night, also graduate masseuses and hourly nurses. The visiting nurses have provided a most excellent emergency obstetrical outfit, the cost of which is $3.00 This contains 1 doz. ob. pads, sterilized olive oil, vaseline, carbolic acid, bichloride tablets, a box of absorbent cotton, sterilized cord dressing and safety pins, a douche nozzle and glass catheter, green soap and nail brush and talcum powder. One box is at 644 Spadina, ready to be sent off at a moment's notice, while a second one is at Miss Hunter's. On behalf of the Registry Committee I would earnestly urge that every graduate should join the Registry, it is their own organiza-

tion, started by their own Alumnæ, backed by it, and it is only loyalty, faith and conscientious hard work on the part of each nurse that will make the Registry a success. A new venture is always an experiment, and when you have selected your own representative, then you must at least have faith in her, and truly believe that she will do her very best for the interest of her own association, and it is certainly her right to demand the loyal support and hearty co-operation of every individual member. What we ask is very little, merely that each nurse should join, and give as her professional address, The Central Registry. We do not wish to take away a single nurse out of the homes, nor to interfere with a nurse's work, but only to centralize it, and to give as rapid a service as possible for the equal accommodation of doctor and nurse.

E. B. Barwick,
Registrar.

Report of Committee on Legislation.

This Committee has to report constant agitation in favor of Legislation. An address was given to our Association in March, by Dr. Adam Wright, on the subject of Provincial Registration of Nurses. Another was given on October 19th, by Miss L. L. Dock, of New York, on State Legislation.

Marion E. Hall.

Report of Sick Visiting Committee.

During the summer five of our nurses have been sick in the hospital. Miss Nairn, whose illness began in May, is now quite recovered and on duty again. Miss Finucane, who also was ill for some weeks, is on duty. Miss Hargrave is still at her home, Sherbrooke, Que., but expects to return to Toronto in December. Miss Scott and Miss Neilson have both improved, though Miss Neilson is not yet able to return to her work. Miss Scott has left the hospital, but will rest for some time yet. At present there are no nurses off duty from illness.

S. Gladstone.

Constitution of The Alumnae Association of the Toronto General Hospital Training School for Nurses.

Article I.—The name of the Association shall be: "The Alumnæ Association of the Toronto General Hospital Training School for Nurses," of Toronto, Canada; and its object shall be the promotion of unity and good feeling among the Alumnæ, and the advancement of the interests of the profession of nursing.

Article II. The officers of the Association shall consist of a President, two Vice-Presidents, a Recording Secretary, one (or more) Corresponding Secretaries, and a Treasurer. These officers, together with three other members, and the Conveners of

Standing Committees, shall constitute a Board of Directors, who shall represent the Association and manage its affairs. The officers and other members of the Board of Directors shall be elected by ballot at the annual meeting, and shall serve until their successors are elected.

Article III.—The President shall preside at all meetings of the Association; she shall countersign all orders for the payment of moneys, and may, in case of any vacancy, make all necessary appointments until the next regular meeting of the Association.

The Vice-President shall preside at all meetings and discharge all the duties of the President in her absence.

The Recording Secretary shall keep a regular record of the proceedings of all meetings of the Association. She shall notify members by mail of all regular and special meetings.

The Corresponding Secretary (or Secretaries) shall conduct the Correspondence of the Association.

The Treasurer shall take charge of all moneys, collect all dues, and pay only such bills as are countersigned by the President.

Article IV.—The Regular Annual Meeting of the Association shall be held during October, at the Nurses' Home, Toronto General Hospital, at such time as the Board of Directors may appoint.

Article V.—Graduates of the Toronto General Hospital Training School for Nurses, in good standing in the profession, are eligible for membership. Application for membership to be sent to the Secretary and by her presented to the Association.

Article VI.—The initiation fee shall be One Dollar ($1.00), payable to the Treasurer on admission. The annual dues shall be One Dollar ($1.00), payable not later than January 1st.

A Life Membership in the Alumnæ Association may be secured by the payment of $25.00.

No member shall hold office or vote at the Annual Meeting who is in arrears to the Treasurer.

Article VII.—Honorary Members may be elected by a two-thirds vote of the members at any general meeting of the Association, provided the candidates receive at least ten votes. Honorary Members may be permitted to take part in discussion, but may not vote or hold office.

Article VIII.—Each member of the Association shall sign the Constitution to signify her acceptance of the terms of membership and her willingness to be bound by its provisions.

Article IX.—At any meeting of the Association five members shall constitute a quorum, and three members shall constitute a quorum of the Board of Directors.

Article X.—This Constitution may be altered or amended at any general meeting of the Association, or at any special meeting called for that purpose, provided notice of the change pro-

posed be mailed to each member of the Association at least ten days before said meeting.

By-law No. 1.—The order of business at meetings of the Association shall be as follows:

1st. Roll Call.	5th. Report of Committee.
2nd. Reading of Minutes.	6th. Elections.
3rd. Report of Treasurer	7th. Miscellaneous Business
4th. Report of Board.	8th. Adjournment.

By-law No. 2.—The Board of Directors shall meet when called together by the President or by any three members of the Board. The Secretary shall send notice of such meetings to each member of the Board.

Articles of Constitution of Sick Benefit Association, Organized by the Alumnae Association of the Toronto General Hospital Training School for Nurses.

For Sick Members Actively Engaged in the Work of Nursing.

Article I.

Section 1.—The Benefit Fund shall consist of $4.00 yearly dues, payable in advance, and donations and bequests.

Section 2.—The Benefit Fund shall be devoted to the care of members in time of illness.

Section 3.—Upon notification of the illness of a member she shall be visited by the Executive Committee, or by some person appointed thereby, and upon the approval of the Executive Committee she shall be paid a weekly sum of $5.00 for a period not exceeding four weeks in any one year, but this amount may be increased at the discretion of the Executive Committee.

Section 4.—Members not residing in the City of Toronto will be entitled to receive the same consideration as residents, provided they make a written application to the Society, enclosing a certificate from the medical attendant.

Article II.

Section 1.—Annual dues shall be payable in advance (without official notification) for the year concurrent with the Alumnæ Association year beginning in October.

Section 2.—Members desiring to join the Sick Benefit Association at any period during the year may do so on payment of the pro rata amount of the annual fee for the balance of the year.

Section 3.—No member on joining the Sick Benefit Association shall be entitled to its benefits until one month after becoming a member.

ARTICLE III.

The Executive Committee shall consist of the Board of Directors of the Alumnæ Association, three of whom shall constitute a quorum for the transaction of business connected with the Benefit Fund.

REPORT OF PROGRAMME COMMITTEE.

This Committee has to report that two separate programmes are in process of preparation. One for us as an Association is as follows:

Surgery, November, Dr. F. N. G. Starr; Obstetrics, December, Dr. McIlwraith; Typhoid, Dr. Thistle; Children's Diseases (two lectures), Dr. J. Graham; Pneumonia, February, Dr. Helen MacMurchy; Humanitarian Side of the Nurse's Life, Dr. J. T. Fotheringham.

The other programme is open to all interested, and is as follows:

Registration at Home and Abroad, October 19th, Miss L. L. Dock; The School Nurse, January, Miss L. Rogers; Tubercular Nursing in the Homes, February, Miss Damar; The Nurse as a Citizen, March, Mrs. Hunter Robb; Sanitary Inspection, April, Mrs. Von Wagner. The months of November and December not yet filled.

M. CAVEN.

THE ALUMNÆ ASSOCIATION—HOSPITAL FOR SICK CHILDREN, TORONTO.

SECRETARY'S REPORT.

The Alumnæ Association of the "Hospital for Sick Children," Toronto, Canada, held their second Annual Meeting at the Hospital, College Street, on October 14th, 1905.

The year closed with a membership of thirty-two, showing an increase of thirteen over last year. The members have taken a greater interest this year in the Association. Numerous letters have been received from graduates nursing elsewhere. The officers report with satisfaction the organization of a "Sick Benefit Fund" in connection with the Alumnæ, which, it is hoped, will encourage the graduates to join the Association.

Through the kindness of Mr. J. Ross Robertson, two rooms have been set apart for the use of our sick graduates. He also donated Fifty Dollars to the "S. B. F."

Our meetings have been mostly of a business character and have been well attended. The thanks of the Alumnæ Association are due to Dr. Helen MacMurchy, for a very interesting talk on "Patent Medicines," and Dr. McPhedran, on "Diet of Patients." The thanks of the Association are tendered Mr. J. Ross Robert-

son for printing done during the year. We regret the loss of Secretary, Miss Doble, whose services were highly appreciated by the Association. She is now nursing in New York. The sincere sympathy of the Association is extended to Miss Hamilton, our President, who suffered from a painful fracture for many weeks, also to Miss Mary Gray, who has had a long and trying illness.

Through Miss Brent, the Lady Supt. of the above Hospital, one month in the operating room has been offered to our graduate nurses, during the months of July, August and September. Also by invitation of Miss Brent, the Alumnæ Association were invited to hold their closing meeting of the year at "The Lakeside Home," on Saturday, June 10th, 1905, in conjunction with St. Barnabas Guild. After a very pleasant social meeting, the Alumnæ were invited to attend the Guild Service, which was conducted by Canon Welsh.

It is requested that all members shall notify the Secretary of any change of address.

MARY GRAY,
505 Sherbourne Street. Sec'y. A. A.

TREASURER'S REPORT.

FOR YEAR ENDING OCTOBER, 1905.

RECEIPTS.		DISBURSEMENTS.	
Balance from last year	$33 65	Annual Reports	$16 12
Annual fees and dues	35 00	Postage	6 00
Interest on deposit	0 43	Stationery	3 25
		Flowers	1 00
		Refreshments	1 36
		Total	$27 73
		Balance on hand	41 35
Total	$69 08	Total	$69 08

SICK BENEFIT FUND.

Donation, Mr. J. Ross Robertson $50 00

IRENE SHEPARD, *Treasurer*

THE TORONTO GENERAL HOSPITAL TRAINING SCHOOL FOR NURSES.*

During the past year there have been a total of 666 applications for admission to the training school; 39 of these were accepted and admitted on probation, and 25 were ultimately enrolled as members of the School, while one was dropped from the roll.

The nursing staff of the Hospital, therefore, consists of the following: 3 probationers, 78 under-graduate, and 7 post-graduate nurses, a total of 88 nurses in all.

In 1903, 155 special nurses were employed during the year; in 1904, 244, and in 1905, there have been about 375.

For the first time in many, many years we miss the familiar face of one who always wore her Nurse's Cap, and never failed to be present on graduating evening. Mrs. Margaret Davis was a nurse in this Hospital for many years, many years ago, and though she did not belong to the Training School, properly speaking, she certainly did belong to the Hospital. Mrs. Davis passed away peacefully and quietly on Sept. 18th.

The following have received appointments during the past year: Miss Elizabeth Gordon, Supt. of General Hospital, Kingston, Ont.; Miss Elizabeth Flaws, Supt. of Butterworth Hospital, Grand Rapids, Mich.; Miss A. Macfarlane, Lady Supt. City Hospital, Vancouver, B.C.; Miss Ida Bingeman, Lady Supt. General Hospital, Parry Sound, Ont.; Miss Agnes Baldwin, Supt. Polytechnic Hospital, New Orleans; Miss Lauder Sutherland, Supt. Nurses City Hospital, Hartford, Conn.; Miss Clara Green, Supt. General Hospital, Belleville, Ont.; Miss Ida Sharpe, Supt. Nurses Long Island College Hospital, Brooklyn, N.Y.; Miss Mary McGibbon, Asst. Supt. Polytechnic Hospital, New Orleans; Miss Nellie Campbell and Miss C. Menzies, Head Nurses City Hospital, Vancouver, B.C.; Miss Maud Brown and Miss Helen King, Head Nurses, Good Samaritan Hospital, Dawson, Yukon; Miss Bessie Dickens, Office Nurse, Toronto; Lizzie McDonald, Office Nurse, Los Angeles, Cal.; Gertrude Thorne and Marion Wilson, joint proprietors of the Rest-a-While Sanitarium, Mt. Dora, Fla.; and in our own Hospital, Jessie Christie, Assistant Supt. of Nurses for five months; Jeanette Neilson, Supervisor of Night Nurses for seven months; Eva Thorpe, Head Nurse of Operating Room, and Stella Irwin, Head Nurse of Emergency Branch, Bay Street.

*Abstracts from the twenty-fourth annual report of the Superintendent, Miss Snively.

GRACE HOSPITAL.*

It is my pleasure to submit the fourteenth annual report of the Training-School for Nurses, in connection with Grace Hospital. Three hundred and twenty young ladies have applied for admission to the Training School, against two hundred and fifty-four last year. Of the twenty-seven received on probation, thirteen were accepted, eight refused, and six did not remain. Three nurses were dismissed during the year. Of the nurses remaining in the school, eight are in their third year, nine in their second, fifteen in their first, and four probationers, total of thirty-six. The Training School has now a total of one hundred and three graduates as follows:—Private nursing, seventy-three; hospital positions, six; married, twenty-three. The following hold hospital positions:—Miss E. B. Clarke, General Hospital, Sarnia, Ont.; Miss Minnie Hector, Trinity College School, Port Hope; Miss A. McLeod, General Hospital, Fort McLeod; Miss Lottie Segsworth, Dr. Brown's Hospital, Birmingham, Alabama; Miss Edith P. Jones, Colorado Sanitarium, Colorado; Miss E. I. Knox, Port Simpson General Hospital, Vancouver, B.C.

We wish to extend our thanks to the following doctors of the staff, who have so kindly lectured for the nurses:—Obstetrics, Dr. J. M. Cotton, Dr. C. J. Hastings; Physiology, Dr. D. W. McPherson; Surgery, Dr. G. P. Sylvester; First Aid to the Injured or Sick, Dr. William Nattress; Anatomy, Dr. J. H. McConnell; Gynæcology, Dr. J. W. Hunter Emory; Infectious Diseases, Dr. A. O. Hastings; Eye and Ear, Dr. L. L. Palmer; Diagnosis, Dr. L. H. Evans; Bandaging, Dr. T. H. Stark; Nose and Throat, Dr. J. N. Anderson.

Out of 11,352 nursing days, 166 days have been lost through illness. On account of three cases of typhoid, pneumonia and rheumatism occurring among the nurses, the percentage of days lost is rather high, but with these exceptions, their health has been good.

Forty-six graduate nurses have been employed in the hospital during the year, and fifteen under-graduates. $435.90 have been realized this year from nurses on special duty, against $802.20 last year. The hospital has been crowded all the time, necessitating the employment of graduates as special nurses.

The nurses receiving diplomas are, in order of merit:—Georgie L. Rowan, Jessie Denmark, Mabel Eva Duke, Joanna Allen, Ella Knight, Lucy Louise Robinson, Edna May Sayers, Edith Lyle Owen, Lena Maud Haslitt.

*Extracts from the fourteenth annual report of the Superintendent, Miss Patton.

THE ALUMNÆ ASSOCIATION OF THE TORONTO GRACE HOSPITAL TRAINING SCHOOL FOR NURSES.

Secretary's Report.

October 14th, 1905.

As the Grace Hospital Association was organized so lately as March 25th, 1904, it is wonderful the growth to which it has attained. At the close of this year we find we have a membership of forty-six, two Honorary and forty-four Active, an increase of sixteen since last year.

The members of the Association had thought that during the year it would be possible to organize a Sick Benefit Fund, but on further consideration decided that it would probably be advisable to wait until the Society was older. We have, however, decided on and come into possession of our pin, which was designed by Dr. Evans, and which bears the words "Succurrere disco Miseris"—we learn to help the suffering.

The monthly meetings during the year have been very well attended, considering the difficulty nurses on private duty have of getting out at any fixed time; this success is due, no doubt, to the trouble and care the Entertainment Committee has taken to arrange the programme for each month. Lectures delivered and papers read by the following were highly appreciated: "The Pulse," by Dr. C. J. Hastings; "What is of Interest to the Nurse," by Dr. H. L. Evans; "Registration," paper read by Miss Emma Haldenby from Am. Journal of Nursing; "Nursing of Pneumonia," paper by Miss Carrie De Vellin.

The nurses "At Home" held in October was a most gratifying success. It was held in the nurses' Reception Room at the Hospital which was tastefully decorated with chrysanthemums and palms. Miss Patton and Miss Haldenby received the guests, which included many of the doctors of the staff and their wives.

Officers, 1905-6.

Honorary President—Miss Patton, Superintendent, Grace Hospital.

President—Miss De Vellin, 505 Sherbourne Street.

First Vice-President—Miss Macpherson, 38 Cecil Street.

Second Vice-President—Miss Chant, 50 Avenue Road.

Treasurer—Miss Irwin, 9 Pembroke Street.

Secretary—Miss Evans, 21 Park Road.

Assistant Secretary—Mrs. Macquoid, 26 Selby Street.

Directors—Miss Haldenby, 16 Earl Street; Miss Forbes, 36 Marlborough Avenue; Miss Goldnor, 556 Church Street; Miss McKeown, 26 Selby Street; Miss O'Byrne, 50 Avenue Road.

THE CANADIAN NURSES' ASSOCIATION.

The annual meeting of the Canadian Nurses' Association was held on Tuesday evening, October 3rd. The president in the chair.

The reports for the year of secretary, treasurer and registrar were most encouraging. During the year ten hundred and seventy-six cases were arranged for, and for the last three or four months there have not been enough nurses to supply the demand made on the registrar, though fifty-three new names were added to the roll of membership during the year.

The six lectures delivered by the physicians and surgeons were most instructive, and our thanks are due them for the trouble and care taken in our behalf, also for a number of valuable books and pictures presented to the library. The C. N. A. reading-room is at 169 Peel Street, where the latest medical and nursing literature may be found.

It was agreed that we make *The Canadian Nurse* our official organ. We wish it every success, and trust it may meet with such unity and co-operation that it may become *the journal* for the whole of Canada.

The officers and committee for the ensuing year were elected as follows:—

President, Miss DesBrisay; 1st Vice-President, Miss Dunlop; 2nd Vice-President, Miss Baikie; Treasurer, Miss Cooper; Cor. Secretary, Miss Collier; Rec. Secretary, Miss Beard. Committee—Miss Hill, Miss E. Cooper, Miss McBride, Miss Baynes, Miss Bullock.

We have very much pleasure in appointing Miss Henderson, Lady Superintendent of the Royal Victoria Hospital, as our Honorary President.

At the close of the meeting refreshments were served, and the nurses enjoyed their reunion. It was with much regret that we bade good-bye to our late President, Miss Colquhoun, who has left us to spend the winter in California.

HELEN DES BRISAY.

This is the prayer always used to constitute the meetings of the Edinburgh College of Surgeons. It is traditionally understood to have been framed by John Knox:

"O Eternal God, our loving and merciful Father in Christ Jesus, seeing we are convened to treat of those things which concern our calling, we beseech thee, O Lord, to be merciful to us, and give us grace to proceed therein without malice, grudge, or partiality: so that the things we do may tend to the glory of God, the weal of our vocation, and the comfort of every member of it: through Jesus Christ our only Lord and Saviour. Amen."

PREPARATION OF GLOVES.

After five minutes' scrubbing with soap and hot water, the hands are thoroughly dried with a sterile towel and rubbed with alcohol to remove any moisture. Clove oil is then rubbed into the skin for five minutes and afterwards washed off with alcohol. The dry sterile rubber gloves are then put on.

1. All gloves must be washed thoroughly in warm water with green soap, then turned and washed thoroughly on inside.

2. Rinse in clean, cold water, and test while rinsing with water.

3. Mate and roll in gauze, marking as follows: (1) Very large pairs, two large safety pins; (2) medium size, one large safety pin; (3) small gloves, one small safety pin; (4) other gloves leave unmarked.

4. Put all gloves in glove cage and clasp lid tightly.

5. Put plain water in copper boiler—enough to thoroughly cover entire glove basket.

6. When boiling, introduce glove basket and allow gloves to boil hard ten minutes.

The glove basket must be weighed down with something heavy, so that gloves may be under water while boiling.

When gloves have been put in to boil, nurse must tie up her hair with gauze and cover mouth with mouth-piece; sterilize her hands as for an operation; put on sterile long-sleeved gown and first pair of gloves just sterilized, which must be discarded after all are finished; cover table with sterile sheet; put on dressing towels and sterile powder-pan ready to begin.

Gloves are then dried thoroughly with sterile towels inside and out; powdered inside and out with sterile talcum powder, rolled in sterile gauze and pinned as before; each set rolled in sterile towel, with extra sterile towel on outside, and labelled.

Make as many complete sets as possible, and put all extra pairs in separate set, and label odd gloves.

A set consists of two pairs for surgeons, pair for house surgeon, two pairs for nurses.

Before the gloves are put on for the operation, the nurse powders her hands with sterile powder, then takes a piece of sterile gauze to handle the first glove, and after that she puts on all the other gloves for the surgeon, house surgeon or nurses.

E. G. Flaws.

The Butterworth Hospital, Grand Rapids, Mich.

The Canadian Nurse

COMMITTEE ON PUBLICATION:

Miss Mitchell, 380 King Street West, *Convener.*

Miss Lennox, 62 Czar Street. Miss Hargrave, 380 King Street West.

Miss Christie. Miss Beam, 12 Selby Street. Miss Hodgson.

Miss Gordon, President Graduate Nurses Association of Ontario.

COLLABORATORS:

Miss Chillman, Supt. General Hospital, Stratford, Ont.

Miss Shepherd, Supt. General Hospital, Guelph, Ont.

Miss Scott, Supt. Ross Memorial Hospital, Lindsay, Ont.

Miss J. Christie, Asst. Supt. Toronto General Hospital.

Miss C. M. Hall, Supt. W. C. A. Hospital, Jamestown, N.Y.

Mrs. Paffard, 26 Isabella St., Toronto.

Miss F. Sharpe, Supt. General Hospital, Woodstock, Ont.

Miss Gregory, Supt. St. Luke's Hospital, St. Louis, Mo.

Miss Mollie Stuart, Supt. Marion Sims Sanitarium, Chicago, Ill.

Miss Crawford, 233 Kennedy Street, Winnipeg, Man.

Miss J. Neilson, 419 West 118th Street, New York, N.Y.

Miss Newman, Phurlow, Victoria, B.C.

Miss Lawder Sutherland, Lakeside Hospital, Cleveland, Ohio.

BUSINESS MANAGER:

Miss Christie, 19 Classic Ave.

ASSOCIATE EDITORS:

Miss Robinson, Supt. General Hospital, Galt, Ont.

Miss Hodgson, 82 Bloor Street West, Toronto, Ont.

EDITOR:

Miss Helen MacMurchy, M.D., 133 Bloor Street East, Toronto.

The Editors will always be glad to receive MSS. These should be written on one side of the paper only. A margin should be left, and the number of words indicated on each page. Articles accepted will be paid for on publication.

Vol. I. TORONTO, DECEMBER, 1905. No. 4

Editorial.

REGISTRATION.

This is our Registration number, and we have great pleasure in presenting to our readers Miss Dock's valuable address, and other important articles. The Legislation Committee is doing nobly and are already working on the draft of a Bill. Let us all lend our aid to this great movement to uplift the profession until we have Registration an accomplished fact. This is our duty and our privilege.

TO OUR READERS.

It gives us the greatest pleasure and satisfaction to announce to our readers that THE CANADIAN NURSE is now the official organ of The Graduate Nurses' Association of Ontario, the Canadian Nurses' Association of Montreal; and of the Alumnæ Associations of the following Training Schools: Toronto General Hospital, Hospital for Sick Children, Toronto; St. Michael's Hospital, Toronto; Grace Hospital, Toronto; The Riverdale Isolation Hospital, Toronto; The Western Hospital, Toronto. It is hoped that all other Nurses' Associations in Canada will also adopt THE CANADIAN NURSE as their official organ, and we respectfully request the officers of such Associations to bring this question before their members at the December meeting. Our Business Manager will be delighted to hear from them *before* the end of the year. All Associations adopting THE CANADIAN NURSE as their official organ will have their reports, lists, papers, etc., published by us at a special rate, and it is intended that the newly-appointed Publication Committee shall at once mature a plan by which all such Associations may be represented on the Publication Committee, the number of their members subscribing to THE CANADIAN NURSE being taken as a basis of representation. We therefore urge the prompt payment of all subscriptions for 1906, which will fall due as soon as this, the last number of our first year, is in the hands of our subscribers. We desire to ask most respectfully that each one will double her subscription this year by sending us the name of one new subscriber. One dollar is far more easily mailed than fifty cents. We have already a fine subscription list, but if it were doubled THE CANADIAN NURSE would be twice as good.

FROM THE PUBLICATION COMMITTEE.

The Publication Committee of THE CANADIAN NURSE is desirous of bringing before each Nurses' Association in Canada, the importance and potentiality of the future of this Journal. There is a great need for such a Journal, as the work of our first year has proved, in that 4,000 copies have been brought out, and we are entirely free of debt, though we have had absolutely no financial influence to back us.

The members of the nursing profession, through this publication, have been brought into touch, and the view-point for all bettered thereby; while the interest and enthusiasm it has aroused assure us of the sympathy of the profession for its progress. But in order that it may become the success it promises, it is imperative that it have the loyal support of all the nursing profession of

Canada. Therefore,we would earnestly ask all Associations to adopt THE CANADIAN NURSE as their "official organ," and employ its pages to publish annual reports and all business in connection with Associations, We would also ask every Canadian nurse to send at once her subscription for 1906, to the Business Manager, Miss Christie, 19 Classic Ave., Toronto, and would respectfully suggest $1.00 for her own subscription and that of a new subscriber as the easiest sum to send.

Editorial Notes.

The President of the British Medical Association.

We extend our heartiest congratulations to the new President of the British Medical Association, Dr. R. A. Reeve, and desire, on behalf of our readers and the nursing profession in Canada, to wish him the greatest success and pleasure in his onerous duties.

Nurses for the Middle Classes in Britain.

Mrs. Lewis, the widow of the well-known money-lender, Samuel Lewis, has given a large sum of money to establish the "Ada Lewis Nurses," who will act as visiting nurses for those who cannot afford a resident nurse, but can pay a small sum. A nominal charge of 5s. to 10s. a week will be paid by the patient.

The Problem of the Trained Nurse.

We hope that many of our readers have read the article under the above heading, which appears in the *National Review* for October. It is by Lady Helen Munro Ferguson, daughter of the late Marquis of Dufferin and Ava, and deals ably with the Registration question.

Generous Donations to the General Hospital.

The Toronto General Hospital has recently received magnificent donations, which have gladdened the hearts of all interested in its work and in the welfare of the community. It is a matter for great thankfulness to see and feel the growth of a wise, generous and noble spirit among us.

Red Tape.

The *British Medical Journal* and others have drawn the attention of the Empire to the fact that great mistakes have been made in the plans for the Nurses' Residence in connection with the new Military Hospital at Millbank, England. It is further stated that Queen Alexandra herself offered to give £2,000 out of her own private purse in order that the mistakes might be rectified. Her Majesty's generous offer and the attention directed to the subject will, no doubt, be effectual, but there is evidently more red-tape than common-sense somewhere.

Miss Flora C. Stevenson.

In the death of Miss Flora C. Stevenson, LL,D., the nursing profession has lost a great friend, and the world a great woman. She was Chairman of the Edinburgh School Board, one of the governors of the George Heriot Trust, and a vice-president of the Society for State Registration of Nurses. The children of the schools of Edinburgh lined the route to the cemetery as the funeral passed, and the presence of thousands of citizens bore testimony to the universal respect in which she was held both in life and in death. Miss Stevenson had conferred upon her some years ago an honorary degree by the University, and the freedom of the city of Edinburgh.

"Our English Mother" A Knight.

This is the Japanese name of Mrs. Teresa Richardson, who returned lately from Japan, where she worked during the war. Mrs. Richardson is a Welsh lady, a fluent linguist, and an army nurse of experience in South Africa and elsewhere. The Mikado conferred upon her the Sixth Class Order of the Crown, which carries with it the honor of Knighthood. She has also received the Order of Merit of the Japanese Red Cross, and two medals. King Edward has graciously sanctioned her acceptance of these foreign decorations, which are all the more interesting because women are not yet eligible for the English orders of Knighthood.

The Contributors' Club.

LAPAROTOMY STRAPS—

In your June number new ideas were asked for, and also reports of unusual cases. In response to this I would like to give some ideas that I came across in New York when taking a postgraduate course. They will doubtless be familiar to many, but not, I venture to think, to all. Therefore, I will give one that I have found specially useful, namely, the mode of keeping on dressings by means of laparotomy straps. It is not very generally known in Canada, I think; at least, on my return I introduced it into Kingston General Hospital, and in Montreal the doctors I met had not seen it.

To make the straps take strips of adhesive (z. o. is best) about six inches long and two wide, turn the covers of one end to form a point. In this cut a hole, then take about twelve inches of tape, make a hole in the end, pass through the hole in the adhesive, and then through the hole in itself, drawing tight, and forming a firm, hard knot. Next apply a piece of the muslin that you had taken off the face of the adhesive from the point of the strap back about one-third of the length, to prevent it from sticking to the dressings.

These straps are always made and used in pairs. In using apply your dressings, then put a strap, one each side, applying firmly to the person of your patient, then tie your tapes.

In this way dressings can be kept perfectly in place on any part of the body, and can be changed quickly and easily without any troublesome bandaging. I have simply given the usual size for abdominal dressings, and, of course, as many can be used as necessary. To remove, wet thoroughly with alcohol before pulling off.

Amy Wartman.

450 Princess Street, Kingston, August 25th, 1905.

ANTISEPTIC—

The following is a cheap and excellent formula for an antiseptic and takes the place of expensive proprietary articles in every particular. The quantities given are sufficient to fill a Winchester.

R	Thymol	gr. xl.
	Menthol	grs. xvi.
	Ac. Salicylic (C. P.)	℥ viss.
	Ac. Boric (C. P.)	℥ xii.
	Eucalyptol	♏ xxx.
	Ol. Gaultheria	♏ xv.
	Formaldehyde 40%	℥ iv.
	Aqua ad	℥ lxxx.

Before filtering mix with calc. carb. powder, and a beautifully clear solution will result.

We use this for a mouth wash in the following proportions :

R	Antiseptic	℥ iss.
	Glycerine	℥ ss.
	Aqua ad	℥ iv.

BISMUTH FORMIC IODIDE—

Now that Bismuth Formic Iodide powder is being so extensively used as a dressing for wounds, the following methods of preparing gauze may prove useful. The gauze is cut into yard lengths, and rendered sterile in the usual way. For each yard take—

R	Bismuth-Formic Iodide (Pulv.)	grs. l.
	Glycerine	℥ vi.
	Alcohol	℥ i.
	Aqua ad	℥ iv.

Mix together thoroughly, and pour over the gauze which has been placed in a sterile basin, and with hands which have been rendered surgically clean rub in till every mesh is well saturated. Fold in towel and sterilize. We have used this gauze in our hospital for years, and find it eminently satisfactory in all places in which the iodoform gauze is used, except in tuberculosis and rectal cases, in which the iodoform is preferable. One advantage it possesses is that while not such a bright color as iodoform gauze, sterilizing does not produce any change in its appearance.

Collingwood G. & M. H.

APATHY AND BUSINESS—

There are two decided characteristics that seem to me to belong solely to the "nursing profession," and wishing to bring them to the notice of all nurses, I think I cannot do better than by sending a contribution of ideas to "The Canadian Nurse." Firstly, then, I find the lack of active personal interest shown by the nurses in general over the agitation in Canada for the legislation necessary for registration.

Of course, the old excuse of nurses leading such busy lives always "holds good," but from my experience in the work and in meetings, I have found that the "busiest" nurses are the ones to be relied on to attend meetings and give their time and personal help towards the furtherance of the cause. The newer graduates seem to treat the agitation as "something apart from them." Why cannot they come forward and take up their share of interest and work ? The prevailing idea is that "some future time will do." Well, it won't do. Now is the time for accomplishing our registration, for in a few years' time it will be almost an impossibility to obtain the results we desire, so that we may be ready for all business connected with our profession and the recognition of our legal standing.

Secondly, I would like to call attention to the fact that the majority of nurses are nearly always behindhand in the payment of their dues. As a class, nurses are the most improvident of working women. Their cry usually is, "Oh ! I have no money just now, wait till my next case." As far as I can see, there is absolutely no need of such a state of affairs, providing nurses can be made to look on all obligations as business transactions, and that they should, on principle, try to save a certain amount per month. In fact, I think it would be a wise plan if the super-

intendent of each hospital would provide each graduating class with a course of lectures on "Simple Business Transactions," and the accurate keeping of personal accounts. This, I have no doubt, would be helpful to many nurses, and open their eyes to the fact that during the earlier years of active work they should provide for sickness and old age. Then, also, having thus a working acquaintance with money matters, they would not indulge in extravagances which they regret later, and so be always ready to promptly meet all accounts.

MRS. DAVIS—

Mrs. Davis was a name and personality familiar to hundreds of graduates of the Toronto General Hospital. She was the last link of the old-time nurse whose reign flourished before training-school days, and she was an excellent type of her generation.

To those of us who love the traditions of the old Toronto General Hospital, her stories of bygone days were always of the greatest interest; how one woman would do the nursing, scrub the white pine floors, and keep up the wood-fires of a ward like No. 5; how the nurses dined in the kitchen, scampering off to their wards and down stairs at the sound of a big bell in order that each might secure her portion of potatoes cooked in their skins, and also her rightful allowance of beer. The present store-room, butcher shop, and cold storage room and Ward 7 were used for sleeping apartments. The night nurses always did night duty and slept in the tower rooms of the attic. Such traditions and reminiscences caused us to fully realize how times had changed, and what a marvellous benefit the introduction of training-schools and educated women into hospitals must prove to sick and suffering humanity.

The nurse of Mrs. Davis' time worked under disadvantages; her hardships were many, her sacrifices great; she had practically no professional instruction, but we know that in her way, and according to her light, she did good work. There was the womanly sympathy and the womanly touch and kindness of heart under a rough exterior. We know from Mrs. Davis that loyalty, order, and discipline were not disregarded, and that the principal teacher was the greatest of teachers—common sense—"Truth and God's own common sense, which is more than knowledge."

Mrs. Davis gave many an excellent pointer in nursing, and I remember instruction given to a graduate with much profit, for the same instruction has been passed on to succeeding generations of nurses:

"For their work continueth
And their work continueth
Broad and deep continueth
Great beyond their knowing."

With the passing of Mrs. Davis, an old hospital landmark has been removed, and many of us feel that we have lost an old friend. She was appreciative of remembrances, and always interested in the success and welfare of the graduates of the Toronto General Hospital. E. C. G.

Kingston, November 4th, 1905.

THE DOMINION IRON AND STEEL CO.—

The following interesting account of a Canadian hospital is written by Miss Edith Draper (Bellevue), formerly of Toronto. Miss Draper has held important positions in the Royal Victoria Hospital, Montreal, and elsewhere. She opened the hospital of the Dominion Iron & Steel Company at Sydney, and was its first superintendent. The "Canadian Nurse" welcomes her back to Canada.

In 1901 the Dominion Iron & Steel Company, of Sydney, found it necessary to build a hospital for the care of their injured employees, as no institution of the kind then existed in Cape Breton, and there was sore need. The building though small is very complete, and is equipped with all modern necessities. It is beautifully situated upon a rising ground in the best part of the town, the only drawback being that it is about a mile distant from the steel works. The company cares gratuitously for all its accident cases, and the hospital is open to outsiders on payment of a moderate charge. Only contagious cases are excluded. A Government grant is received from the Province of Nova Scotia, and the hospital is under control of a Board, comprising representatives of the Steel Company, the medical profession, and the town of Sydney.

Correspondence.

October 18th, 1905.

Editor "Canadian Nurse":

Dear Madam,—Nicholls Hospital, Peterboro', was built by Mrs. Nicholls in 1889. Mrs. Nicholls left a small endowment, and some more money that could be used for this hospital, or for any other charitable work. Our yearly deficiency is (or has been so far) made up out of this fund. We get no aid from the town.

There are twelve nurses in the training-school, and there is a course of three years, including general, medical, surgical, gynæcological, maternity, and infectious nursing. We are quite proud of the positions held by some of our graduates, also of our surgical work. After a great deal of work we thought we were going to have the infectious wards closed, but the change the trustees have made leaves us almost worse in the matter of infectious wards than the old ones were. They have windows within a few feet of our maternity and surgical wards. Still, we hope in time that the city will do as has been promised and build a proper isolation hospital. Our hospital is a pretty building, and the wards are very bright. The site is perfect, on a hill, facing the east, with a view of the Otonabee.

Helena, Montana, Aug. 25th, 1905.

Dear Editor,—Have thought the work of trained nurses in this Western city might be of interest to the readers of "The Canadian Nurse."

During the last few years the demand for skilled care in the home has grown rapidly.

Two years ago I knew the superintendent of an hospital who wrote to prominent physicians in Helena and Butte, Mont., asking them the outlook for trained nurses in those cities. The replies without exception, were not favorable. There were a few nurses in both cities, but they were having uphill work. In fact, trained nursing was still in its infancy.

Three years later I came to Helena to take an hospital position. During the months I was at the hospital there were many calls for nurses both in town and to cases out of town. There was but one nurse doing private work to answer these calls. I decided to take up private nursing. Many of my friends predicted failure. "Why, there will be three months at a time when you will have nothing to do," said they. "Helena is a healthy city." But I was kept busy, as were others who gradually joined our ranks.

Now we have twelve nurses on the registry, about sufficient to fill present demands, as Helena has only 14,000 inhabitants. The registry has been organized for two years. The name of no nurse is enrolled until she shows her diploma, and thus the great evil of unqualified women, palming off on an unsuspicious public as trained nurses, has been done away with. Before the registry was formed the difficulty with which a family procured a nurse was often surprising. The physician would give them a list of nurses. They would telephone where possible, and then take long walks up and down hill from one address to another, often in the end having to give up the fruitless search, when, in some part of the city, sitting in her room perhaps, was a nurse wishing for a case.

Now the physicians and public can get a nurse with ease and promptness by calling up the registry.

We find private nursing interesting and ardous here, as elsewhere; being now in an elegant city home, or then in a quiet, ranch home, or perhaps in a mining town, one or two hundred miles from Helena. We don't count distance here as in the East, but we learn to love the expanse, the freedom of this great West with its grand old mountains, and happy hospitable people.

One thing has greatly amused me, and it was to hear a new arrival

in the nursing ranks tell us how things were done "back East." After a time she began to feel more like us. It had dawned upon her we were nearly all graduates from eastern training-schools, and not so far behind the times after all.

It is the spirit of the West to be progressive; and I am proud to say our nurses have that spirit. Sincerely yours, Margaret Hughes.

28 Denver Block, Helena, Montana.

Dear,—I was very pleased to see the examination papers of the different hospitals in the last issue of "The Canadian Nurse." It is helpful in a small hospital to know the standard of the larger and older established institutions. I must congratulate the editor and staff of "The Canadian Nurse" on the able way they are handling the paper. I feel quite proud of it, and wish it every success, that it so fully deserves.

Yours very sincerely,

M. C. Hyde, Superintendent of the Hospital, Dauphin, B.C.

The Nurse's Library.

THE DELINEATOR for December is a beautiful Christmas number. This magazine, long known as a great authority on fashions (as it still is), is now much more. The articles by Mary H. Abel, on "Pure Foods and How to Get Them," are alone worth the price of the magazine. The stories, articles and verse are of a high order. (The Butterick Publishing Co., New York.)

QUEEN'S NURSES' MAGAZINE. This is one of the editor's best friends. We already view with affection the V.R.I. in the centre, and the Q. N. Q. V. in either corner of the Greek scroll on its blue and white cover, and we always look twice at the motto, so dear to the hearts of hard workers who cannot always get to church, "Laborare est orare." The editor is Lady Hermione Blackwood, herself a Queen's nurse, one of the daughters of the great and beloved Marquis of Dufferin and Ava. The September number is full of interesting news and articles about the work of the Queen's nurses and others, including a page or two about the Victorian Order in Canada. (Annual subscription (to nurses), 1s. 3d. Address the Editor, Clandeboye, Co. Down, Ireland.)

THE 'VARSITY is always interesting and full of college and university news. The new editor, we understand, has arranged for a number of special articles during the year. The Hallowe'en number contained an excellent suggestion to the University Commission—that Toronto University should have a Lord Rector. We say so, too.

SURGICAL ASPECT OF DIGESTIVE DISORDERS. J. G. Mumford, M.D., and A. K. Stone, M.D. (London and New York: Macmillan & Co. Toronto: Morang & Co.) $2.50.

This is a book as interesting as it is timely. Distinctly modern, and with a literary quality, it is attractive reading, and suggests many new thoughts. The authors are both instructors in the Harvard Medical School —one in surgery, the other in medicine. The book opens with an Argument in which the main theses of the volume are set out and the first chapter is a historical account of ancient conceptions of the digestive organs.

MEDICAL ELECTRICITY AND LIGHT TREATMENT. By Sister Kate Neale. (London: The Scientific Press.) 2s. 6d.

The Sister-in-charge of the Actino-Therapeutic Department of Guy's Hospital has prepared a book which will be a boon to all nurses having to do with the electrical and light treatment. The explanations are excellent and the whole plan of the book satisfactory.

THE DIETETIC AND HYGIENIC GAZETTE, a magazine published in New York, is of great interest and value to nurses. Besides, it has a supplement of twenty pages or more, edited by F. W. Barrows, M.D., devoted to nursing, with special reference to the relation of nurse to physician.

THE EYE : ITS REFRACTION AND DISEASES. By Edward E. Gibbons, M.D., Chief of Clinic of Eye and Ear Diseases in the University of Maryland, Baltimore. (London and New York : The Macmillan Co. Toronto : Morang & Co.) $5.00.

This beautiful volume, with many illustrations and admirable letterpress is a model of what a book ought to be. The author gives a detailed account of the embryology and anatomy of the eye, and then deals fully with the diseases of and the operations upon the eyeball and its adnexa. The chapters upon Migrain, Eye-symptoms in Systematic Diseases, and also that on the External Examination of the Eye, are perhaps among the most important chapters of the book for purposes of reference.

AILMENTS OF WOMEN AND GIRLS. By Florence Stacpoole. (Bristol : John Wright & Co.) 2s.

"Suffering is not woman's necessary lot." These true and simple words are the keynote of this book. It is not a book for children, but for mothers and aunts and others who are, or ought to be, grown-up. The author is well known as a lecturer for the National Health Society and for the Councils of Technical Education, and in this book she has stated in clear and suitable language the principal physiological facts which women especially ought to know, and the usual causes of various ailments from which many women suffer. We have often wished for such a book, and there are many women to whom it would be a help. There is in the preface a necessary caution against any attempt at self-treatment.

NURSING : HINTS TO PROBATIONERS. By M. H. A. Voysey. (London : The Scientific Press.) 2s.

This is a book of practical work for probationers, and we can only say that there are many things here which will be of great value to them. The book is simply and clearly written and there is an excellent index.

OUR HOSPITALS AND CHARITIES. (London : Macmillan & Co.) 3d.

This is a most interesting monthly journal. The words printed on the title-page are true : "If you feel the work and welfare of our hospitals and charities to be the slightest concern of yours, the contents of this paper cannot fail to interest you." Every article is not only readable, but too interesting to lay down. A beautifully illustrated history of Guy's Hospital, an account of the Royal Asylum for the Deaf and Dumb Poor at Margate, and "The Guild of the Brave Poor Things," are three of the best articles in this issue.

PRACTICAL DIETETICS. By W. Gilman Thompson, M.D., Professor of Medicine in the Cornell University Medical College in New York City. (New York and London : D. Appleton & Co. Toronto : Morang & Co.)

Dr. Thompson's complete and standard work on Dietetics is so well and favorably known that it will naturally be one of the first to be placed in a nurse's library. The present is the third edition, thoroughly revised. A good deal of new material has been added on the dietetic treatment of disease, Milk as a Food, Diabetes, etc. The section on Methods of Feeding the Sick, Foods Required for Special Conditions, and Conditions which Affect Digestion are specially valuable to nurses, as is also the information given in detail about all the different articles of diet. We cordially recommend this book to our readers.

THE NURSING OF SICK CHILDREN. By James Burnet, M.D., M.R.C.P. (Edin.) (London : The Scientific Press.) 1s.

This handbook will be found well adapted for the use of nurses, especially those who have not had much experience of children as patients.

Text-Books for Nurses

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HANDBOOK OF ANATOMY. By James K. Young, M.D. (Philadelphia: F. A. Davis Co.) $1.50.

This work is a complete synopsis or compound of anatomy, containing in the smallest possible space a great deal of information on this vast subject. It is intended for the use of medical students and nurses and will be found valuable, especially for review or reference.

THE MAINTENANCE OF HEALTH IN THE TROPICS. (London: John Dale, Sons, and Danielsson.) 2s. 6d.

This is a small manual of personal hygiene in the tropics, written at the request of the Committee of the London School of Tropical Medicine, and published under their auspices. The author is Professor of Hygiene in King's College, and Lecturer on Tropical Hygiene at the London School of Tropical Medicine. We have much pleasure in recommending any nurses about to engage in missionary or other work in any tropical country to procure and study this book, and so be prepared to take the necessary precautions to maintain health.

COOKERY IN THE TROPICS. By Sister Cockburn. (London: The Scientific Press.) 3s.

"A little help in a serious difficulty." Thus modestly does Sister Cockburn, late of the Colonial Nursing Service in Sierra Leone, speak of her small book, which to a young man alone going out to a hot country, or to anyone in the tropics who knows not too much of cookery would be more than valuable. The book consists of recipes, hints, reasons for failure, etc., and we are glad to see that it includes full directions how to make bread.

SIMPLE LESSONS ON HEALTH, FOR THE USE OF THE YOUNG. By Sir Michael Foster, K.C.B., M.P. (London: Macmillan & Co.) 1s.

From his home at Ninewells, in England, one of the greatest men of the age writes a preface to a little book on health he has prepared for the use of children in which he tells how he came to write it. There are four chapters—Fresh Air, Food and Drink, Light, Cleanliness—simple with the simplicity characteristic of a great mind. This primer is a model, and we can only thank the "distinguished friend" who induced Sir Michael to write it, by objecting to his "destructive criticism."

OUR BABY. By Mrs. J. L. Hewer. Ninth Edition; Fortieth Thousand. (Bristol: John Wright & Co.) 1s. 6d.

This useful little book, written by one who holds the certificate of the London Obstetrical Society and was formerly a Hospital Ward Sister, will be found to fulfil admirably the purpose for which it was written, namely, to assist a mother in bringing up a healthy child and to help her to understand the general principles underlying the care of children. It is extremely practical. The chapters on "How Big Ought Baby to Be" and "Baby's Troubles" are among the best in the book.

PRACTICAL PEDIATRICS. By Dr. E. Graetzer. Authorized Translation by H. B. Sheffield, M.D. (Philadelphia: F. A. Davis Co.) $3.00

This is a brief reference book, a small encyclopedia of children's diseases, and a mine of valuable information for the student and practitioner. The American translator has made a number of notes and additions which add to the value of the work. Our readers will find it a reliable and interesting volume.

INTRODUCTORY PHYSIOLOGY AND HYGIENE. By A. P. Knight, M.A., M.D. (Toronto: The Copp, Clark Co.)

Dr. Knight is well-known as a teacher, both in public and high schools, and also as Professor of Physiology in Queen's University, Kingston. There is probably no one in Ontario better fitted to write a text-book in this important subject, and the book itself will be its own best recommendation. It is clear, well arranged, thoroughly scientific, and adapted for the use of teachers.

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ELEMENTARY BANDAGING AND SURGICAL DRESSING. By Walter Pye. (Bristol: John Wright & Co.) 2s.

Eighteen years have passed since this book was prepared by the late Walter Pye. The present is the tenth edition, revised by Mr. Carwardine, F.R.C.S. It is an excellent hand-book, complete and satisfactory in every respect.

FIRST AID TO THE INJURED AND SICK. By F. J. Warwick, M.B., and A. C. Tunstall, M.D. Third Edition; Fourteenth Thousand. (Bristol: John Wright & Co.) 1s.

This valuable manual is a model of clearness, accuracy, and completeness. It is probably the best First Aid Handbook, and is very widely used. The illustrations are also published separately as "Large Sheet" First Aid Diagrams for the use of lecturers.

THE PRINCIPLES AND PRACTICE OF MEDICINE. By William Osler. (New York and London: D. Appleton & Co. Toronto: Morang & Co.)

Thirteen years ago the first edition of Osler's Medicine appeared, and not long after it was "the" text-book on medicine of the medical world. Six editions and one hundred thousand copies in use prove its worth, but to those who have read it daily no proof is needed. As a book of general reference in a nurse's library it has no equal, and next to the text-books of nursing itself, it is the book that should be got by nurses who have a right ambition. Many remarks on nursing will be found in its pages. This edition is almost a new book, and yet it is the old book. Sections are transposed, new material added, new ideas considered. The publishers have done their part well.

PRACTICAL MASSAGE IN TWENTY LESSONS. By Hartvig Nissen, Instructor and Lecturer in Massage and Gymnastics at Harvard University Summer School; Former Instructor of Physical Training at Johns Hopkins University and Wellesley College. With 46 Original Illustrations. 168 Pages. (Philadelphia: F. A. Davis Company.) $1.00.

The author is already well known by other books on Massage and Gymnastics but this volume is undoubtedly of more value to nurses than any of them. It is very practical and written in an interesting way. Some of the best lessons are those on the "Diseases of the Organs of Movement"—Scoliosis, Lumbago, etc. The book covers all the essentials of massage.

THE NURSING TIMES of November 18th, just to hand, is an interesting weekly number and contains, as usual, specially good notes from The Lancet, The Practitioner, and other medical journals. Among the articles are "English Nursing in French Eyes," "Ophthalmic Nursing," and "Nursing From a Dramatic Standpoint."

A new volume of the "Golden Rules" series, published by Messrs. John Wright & Co., of Bristol, is about to be issued, entitled "Golden Rules of Nursing." The price will be one shilling.

We have just received from W. B. Saunders & Company, of Philadelphia, the widely-known medical publishers, an unusually attractive illustrated catalogue of their complete list of publications. A copy will be sent free upon request.

The Bloodless Phlebotomist is the title of a new monthly journal issued by the Denver Chemical Co. The first numbers contain a number of interesting items and much information about antiphlogistine.

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IN CHARGE OF MISS HARGRAVE.

A special meeting of the Graduate Nurses' Association of Ontario, to be held in the theatre of the Normal School, has been called by the president for 1.30 p.m., on December 28th. It is to be hoped that all members of the Association, and those desiring to become members, will make every effort to be present. A draft of a bill for registration is now in process of preparation, and will be laid before the meeting. Other important business will also be discussed. As the bill will affect every individual nurse, we would urge all to attend. The members will be entertained by the Alumnæ Association of Toronto General Hospital.

Miss Tillie Murdie, graduate of the G. & M. H., St. Catharines, has gone to Niagara Falls to engage in private nursing.

Miss E. Argue, graduate Riverdale Hospital, Toronto, has returned from Winnipeg. Miss Argue has been appointed nurse in charge of the Aged Women's Home, on Belmont Street. Her many friends wish her every success.

Miss Brereton, graduate of the T. G. H., has gone to Parry Sound Hospital for a month, to assist Miss B. M. Toye.

Miss Kavanagh has returned from a very pleasant trip abroad, her patient remaining in England.

Miss Edith Brown, graduate of the H. F. S. C., Toronto, has taken a position as head nurse in the Roosevelt Hospital, New York.

Miss M. K. Gallaher, assistant superintendent of the Lady Stanley Institute, Ottawa, is away on a two months' vacation.

Miss Graham and Miss Moody, graduates of T. G. H., have returned to Toronto from Dawson City, Yukon.

Miss Helen Wapshot, graduate of H. F. S. C., Toronto, has taken a position as head nurse in the Presbyterian Hospital, Chicago.

Miss Ida B. Bingeman, graduate of T. G. H., has been appointed superintendent of the Edmonton Public Hospital.

Miss Ida Whitham and Miss Joan Scott have returned to New York after a three months' visit with friends in Toronto and Muskoka. Miss Scott and Miss Whitham are graduates of Riverdale Hospital.

Miss Baldwin, graduate of T. G. H., has returned to New Orleans after a month spent with friends in Toronto.

Miss Charlotte Tuck, graduate of G. & M. H., St. Catharines, has been appointed head nurse in that institution.

Miss Alvina Walkinshaw, graduate of H. F. S. C., Toronto, has taken the position of head nurse in the Lakeside Hospital, Cleveland, O.

Miss Alice Pepper, head nurse in the operating room, General Protestant Hospital, Ottawa, resigned October 1st to take a position in New York City.

Miss Stella Scott, of Portland, Ont., has been appointed head nurse in the operating room General Protestant Hospital, Ottawa.

Miss Rice, assistant superintendent Ottawa Maternity, has resigned.

Miss Alice E. Stewart has resigned her position as superintendent of the Sherbrooke Protestant Hospital.

Miss K. O'Neil, graduate of St. Michael's Hospital, Toronto, has accepted a position as head nurse in the Scranton Hospital, Pennsylvania.

Miss Mabel Bruce, graduate of the G. & M. H., St. Catharines, leaves in November for Florida, where she will spend the next six months, and engage in private nursing.

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Miss E. G. Flaws, late superintendent of the Kingston General Hospital, and now superintendent of the Butterworth Hospital, Grand Rapids, Michigan, recently visited Kingston, where her many friends were delighted to see her.

The friends of Mrs. W. C. Lillie (nee Ida MacLaughlin), a graduate of St. Thomas Hospital, and recently of McKellar Hospital, Fort William, are sorry to hear that Mr. Lillie was taken very ill at Spokane on their wedding trip.

The regular meeting of the Alumnæ Association of Riverdale Hospital was held in the Nurses' Home, Thursday, November 2nd, at 4 p.m. After a short business meeting, a most interesting address was given by Miss Argue, on her trip through the West and the various hospitals she visited while there.

At the October meeting of the Alumnæ Association of St. Michael's Hospital, it was decided that the "Canadian Nurse" would be the official journal of the association.

The annual meeting of the Nurses' Alumnæ Association of the Royal Victoria Hospital, Montreal, was held October 11th, 1905; the President, Miss Gilmour, in the chair. The meeting was well attended. The annual report showed that a considerable interest had been taken in the association. The lectures delivered by Dr. Chipman and Dr. Hamilton were much appreciated, a copy of the former being printed and sent to each member, through the kindness of the president, Miss Gilmour. It was with deep regret the members of the association learned of the death of Dr. Buller which had occurred that day. It was resolved that a message of sympathy be sent to his bereaved family. The Sick Benefit Fund, to which some of the doctors have most kindly contributed, has now reached the sum of $62. The following officers were elected for the ensuing year: President, Miss Gilmour; 1st Vice-President, Miss Grant; 2nd Vice-President, Miss Ausbury; Treasurer, Miss Hall; Secretary, Miss Connell; Cor.-Secretary, Miss Cooper; Executive Committee, Misses Freeland, Anton, MacIntosh, Hersey and McKindsey. After the business meeting Miss Henderson, superintendent of nurses, invited the members to her rooms, where a most enjoyable time was spent.

The graduating exercises of the Class of 1905 of St. Michael's Hospital Training School for Nurses, took place on October 3rd. The following nurses received their diplomas and medals: Misses E. R. Greene, Toronto; Anna Weger, Peterboro'; Rose Cosserly, Tottenham; Rose Kinmit, St. Catharines; Agnes Brennan, Penetanguishene; Veronica Winterhalt, Berlin; Bessie Mills, London; Anna Connor, Toronto; Alice Thompson, St. Catherines; Lena Claffy, Altona; Winnifred Warnica, Gravenhurst; Julia Sullivan, Stratford.

The following nurses have taken a creditable standing in the final examinations of the Kingston General Hospital: Misses Louise McLennan, Belleville, Ont.; L. S. Woodburn, Ottawa, Ont.; A. A. Davis, Brockville, Ont.; Mrs. M. Markle, Napanee.

The nurses of the Kingston General Hospital Training School are much delighted at the gift of a library for the Nurses' Home. Accompanying the books is a very pretty book-case, bearing this inscription, "From Mrs. Mowat, in memory of many kind ministries." The books, some hundred in number, comprise a number of the standard works, and the best authors of the day. Some of the books have been given by the writers themselves, which also adds to the value of the gift. Many a cosy evening is spent over the charming stories in the pretty sitting-room of the Nurses' Home, and Mrs. Mowat will always be most kindly remembered by the nurses to whom she has given so much pleasure.

The McKellar General Hospital Training School for Nurses at Fort William has begun its second year's work. The school is still in its infancy, but now has a senior and junior class. Lest year classes were held regularly all through the fall and winter, and examinations were given in June.

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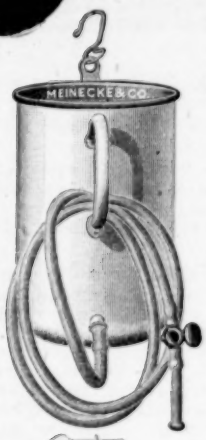

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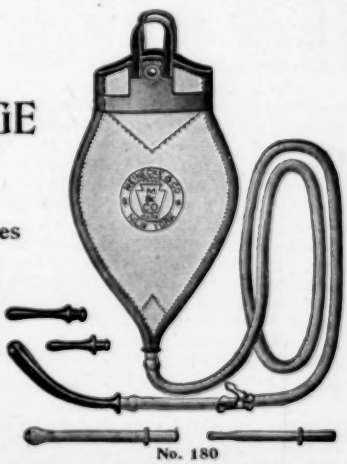

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The new wing of the Nurses' Home of the Dauphin General Hospital has been completed, and the old home has been entirely renovated in the way of papering and painting. The addition gives the nurses individual bedrooms, and a sitting-room which has been handsomely furnished by the bachelors of the town. The superintendent has a separate sitting-room. The new dining-room and diet kitchen are very nicely fitted up, and the new bedrooms have been beautifully furnished by the Hospital Ladies' Aid. One of the ladies started rather a novel idea for raising money. It was an autograph quilt, and the charge for having a name embroidered was quite optional, anything from 10 cents to $10 being acceptable. Steam heating is being put in to take the place of hot air, and as soon as it is finished there will be a public opening of the new wing. The Dauphin Hospital prides itself on having the very prettiest home in Western Canada.

The Victorian Order Hospital at Rock Bay, B.C., is progressing well and doing excellent work under the careful and painstaking management of Miss Jean Sutherland, graduate of Galt Hospital, and recently of the McKellar Hospital, Fort William. Miss Sutherland is doing pioneer hospital work among the loggers.

In the Victorian Order Hospital at Swan River, Manitoba, improvements are being made on a small scale. There is no other hospital within a radius of sixty or seventy miles, and so some of the patients travel long distances and in strange equipages. One woman walked sixteen miles with her sick child, two years old. When the child was able to be taken home the husband came on horseback for them. The woman got astride the horse and took the child, bundles were tied on to the saddle, the man led the horse, and away they went, happy to have their child restored to health. In the past eighteen months this hospital has treated 180 patients, most of them coming a distance of from twelve to seventy miles.

The Notre Dame Hospital, of Montreal, is building a very large hospital on Sherbrooke Street.

Miss Alice Scott has resigned her position as superintendent of the Lindsay Ross Memorial Hospital. The position is now held by Miss Miller, late of the Brockville Hospital.

Miss Crawford, of Winnipeg, one of our most valued contributors, has, we regret to say, been laid up for some weeks with phlebitis. Her many friends will join us in hoping for her speedy recovery.

Major I. Wood, late president, and now hon. president of the Sherbrooke Protestant Hospital, has given that institution one of the most modern and complete sterilizing plants, by which hot and cold water, surgical dressings and instruments can be sterilized. The cost of the plant, when placed in position, will be about $1,000.

The graduating exercises of the Class of 1905, of the Toronto General Hospital Training School for Nurses, took place on Friday evening, October 20th, and were interesting and pleasant. Among those who took part in the programme were the Rev. Dr. Wallace, J. W. Flavelle, Esq., Chairman of the Board of Trustees, Dr. R. W. Bruce Smith, and His Worship the Mayor. Miss Snively received afterwards in the Nurses' Residence. The names of the graduating class are: Misses Winnifred Brereton, Bethany, Ont., Josephine Y. Hopkins, Peterboro', Ont.; Annie Maud Stirling, Millarton, Ont.; Ida Helen Murray, Peterboro', Ont.; Priscilla Janet Smith, Aberfoyle, Ont.; Edith Macpherson Dickson, Toronto, Ont.; Elizabeth Davidson, St. Thomas, Ont.; Elizabeth Mary Lindsay, Blyth, Ont.; Ethel Maud Levy, Brownstown, Jamaica, B.W.I.; Jessie Mulholland Robson, Vernonville, Ont.; Christella Gertrude Sutherland, Bradford, Ont.; Elizabeth Merle Laidlaw, Durham, Ont.; Lucy Hurlburt, Mitchell, Ont.; Elizabeth Helen Purdy, Kincardine, Ont.; Isabel Mary Browne, Keyser, Ont.

Miss L. Rourke, a graduate of the Orthepedic Hospital, Toronto, has accepted a position as night superviser in the Julia Burnham Memorial Hospital, Champagne, Ill. Miss Rourke is a most capable nurse, and will no doubt make many friends in her new field of work.

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Sets apart out of her earnings each year a sum sufficient to provide for her old age, or to provide for those who may be dependent upon her for support in case of her premature death. For this purpose she naturally

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BOVRIL MAKES YOUNG BLOOD IN OLD VEINS

Miss L. Brent, Lady Superintendent, H. S. C., has been holidaying for the past month in Montreal, and other points.

Miss B. I. Atkinson, a graduate of Lady Stanley Institute, Ottawa, 1902, has been appointed as assistant at the Hospital for Sick Children.

Miss Ethel Dawson, Class of 1900, Collingwood General Hospital, who has been dangerously ill in the hospital, is now convalescent.

Dr. H. Machell gave a most interesting address on some points in infant feeding, to the members of the Alumnæ Association, H. S. C., November 11th, demonstrating the making of whey.

Miss F. B. Stoney, Class of 1901, General Hospital, Collingwood, who recently returned from the Philippines to her old hospital to undergo an operation for appendicitis, is now quite convalescent, and expects to resume her work in Manilla this autumn.

The Ross Memorial Hospital, Lindsay, Training School for Nurses held its first graduation exercises in the auditorium of the Collegiate Institute on the evening of November 7th. The first graduate, Miss Bonnell, was presented with a gold watch by the doctors of Lindsay. Among the large audience was the former superintendent, Miss Alice Scott, of Toronto, who has now quite recovered her health, and to whose work many kind references were made by the speakers of the evening. The Mayor, Mr. Ray, was in the chair, and addresses were delivered by the Chairman of the Board of Governors, and by Dr. Vrooman.

Mr. and Mrs. A. Bisset Thom, Goderich, Ont., send $20 as a donation for our Sick Benefit Fund. Mrs. Thom is a graduate of 1888, T. G. H. We feel grateful that in so many years she has not forgotten those who are following, and sends to the relief of the sick nurse. May many others follow this excellent example.

The following is the programme of lectures of the United Alumnæ Associations of Training Schools for Nurses in Toronto: December—"Instructive Visiting in District Nursing," Miss H. Fulmer. January, 1905—"Sanitary Inspection," Mrs. Wm. Wagner, Long Lake Village, N.Y. February—"Tubercular Nursing in the Homes," Miss Annie Damer, Bellevue Hospital, New York City. March—"The Nurse as a Citizen," Mrs. Isabel Hampton Robb, Nottingham, Ohio.

The authorities of Toronto General Hospital have taken another step forward. Miss C. A. Mitchell has been appointed special nurse to visit the homes of tuberculosis patients. Her duties will be instructive nursing, and the care of the patients. It is said that two members of the Board, already most generous, have again provided the money for this work.

The annual meeting of the Alumnæ Association, Mack Training School, St. Catharines, was held in the parlor of the Nurses' Home on Aug. 30th. Subjects of importance were heartily discussed. The following officers were elected for the ensuing year: President, Mrs. Parnell, St. Catharines; 1st Vice-President, Miss MacIntosh, Buffalo; 2nd Vice-President, Mrs. Wiel, Niagara Falls, N.Y.; Sec.-Treas., Miss Bruce, St. Catharines. Afterwards the nurse senjoyed the kind hospitality of the Superintendent, Miss Hollingworth, and each and all felt the better for even such a short association together again.

Miss Eastwood and Mrs. John Caven entertained at tea on Friday, October 20th, in honor of Miss L. L. Dock, of New York, and a delightful hour was spent. Among those present were, Mrs. St. John, Mrs. Paffard, Miss Hodgson, Miss Neilson, Miss Mathieson, and Miss Goldie.

SPECIAL NOTICE.—All graduate nurses, not yet members of the Ontario Graduate Nurses' Association, are requested to send in their applications for membership at once to the secretary, Miss Mathieson, Riverside Isolation Hospital, Toronto, so that they may, if possible, be proposed for membership at the special meeting in December. This is the last opportunity before April, 1906, and in view of the progress of the registration movement, prompt action is necessary.

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Patients like it because it is so dainty and wholesome.
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Miss M. E. Dougal, late assistant superintendent of the Toronto General Hospital, took charge of the Woodstock Hospital during the absence of Miss Sharpe, on her holidays. Miss Dougal was in Toronto recently on her way to New York, where she has accepted a position as assistant in St. Luke's Hospital.

Miss Jessie Christie, assistant superintendent of the Training School for Nurses Toronto General Hospital, has resigned, her resignation taking effect on November 1st. The undergraduate nurses showed their appreciation of Miss Christie's valuable services by presenting her with a jewel case. Miss Christie's many friends in Toronto, both her fellow-graduates and others, greatly regret her resignation, and hope that she may remain in Toronto, where she will undoubtedly find scope for her talents and experience, and where all will wish her success.

Two new appointments have been made by the authorities of Toronto General Hospital. Miss Elsie Lawler, of Whitby, has been appointed first assistant to the Superintendent of the Training School, and Miss Florence Manson, second assistant and supervisor of the operating theatre. Both ladies are graduates of the Johns Hopkins Hospital Training School. Miss Manson enters on her new duties at once, but Miss Lawler, who is at present first assistant to Miss Nutting at the J. H. H. will not come until January 1st, 1906. It is pleasant to welcome back Canadian nurses to Canada, and we wish them all success.

Among the trained nurses taking the fall course at the Pennsylvania Orthopedic Institute and School of Mechano-Therapy (incorp.), 1516 Green Street, Philadelphia, Pa., are four Canadian nurses: Miss Alice A. Stanton and Miss Sarah A. Stanton, St. Thomas, graduates of the Brooks Memorial Hospital, Dunkirk, N.Y.; Miss Catharine Campbell, Avon, Ontario, graduate of Sarnia General Hospital, and post-graduate of the Woman's Hospital and Infants' Home, Detroit, Mich., and for two years in the hospital, British Columbia; Miss Clara F. Elliott graduate Sarnia General Hospital. Miss Susie McMillan, Berlin, N.H., graduate of the General Hospital, Cornwall, Ontario, graduated from the same institution in September, along with twenty-four other graduates from different parts of the United States, and one from England.

The graduating exercises of Grace Hospital Training School for Nurses, Toronto, were held on October 27th, 1905, and a very pleasant evening was spent. The programme was as follows: "God Save the King"; prayer, Dr. Parker; Chairman's address; duet (cello and piano), Miss Madeline M. Evans and Mrs. Massie; address to graduate nurses, Dr. Kilpatrick; vocal, Miss McNeil; report of Training School, Superintendent; piano, Miss Dollie Blair; essay, Miss Denmark; presentation of diplomas, Dr. Bruce Smith; presentation of medals, Mrs. Vandersmissen and Mayor Urquhart; presentation of prize in obstetrics, Dr. C. J. Hastings.

When it became known that Dr. Osler had been appointed Regius Professor of Medicine at Oxford, it was felt that some acknowledgement should be made by the graduate nurses of Dr. Osler's many kindnesses to them, both in and out of training. It was felt also that this acknowledgment might convey a sense of the privilege the nurses as a whole consider it has been to be associated in some small measure with Dr. Osler in his hospital work during these years of his leadership." Mrs. Osler's aid was enlisted in the selection of an acceptable remembrance. At her suggestion it was decided to purchase a desk set in silver. The set consisted of a tray with capacious ink-bottles and pen tray, pens, a blotter, stick-file and stamp box. Dr. Osler had himself expressed a wish to meet the nurses before his departure, and Miss Nutting arranged a very delightful reception in the Nurses' Home, at which Dr. Osler spoke a few characteristic words. He subsequently sent his thanks to all the graduates in the following letter:—"I appreciate their kind thought of me more than I can well express. My relations with the nurses have always been so pleasant, and I have always so felt the importance of their work, that this testimony of their love and esteem touches me deeply. They will continue to have my sincere interest in their work. Do express to the graduates my heartfelt thanks."—From the J. H. H. Alumnæ Magazine.

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A new Maternity Hospital for Montreal is being erected at a cost of $125,000, and consists of a main structure and two wings, facing north and south. The southern wing was built by the donation of Sir William Macdonald to serve as a home and lecture rooms for the nurses. It will accommodate 75 or 80 beds. The basement includes kitchen and dining room accommodation, servants' quarters and a steam laundry, the gift of Mr. Jas. Ross. On the ground floor are the administrative rooms of the hospital, the waiting patients' room and the nurses demonstrating room. Public wards occupy the first floor, while the top floor contains private wards and a splendid operating room. The expense of furnishing the building has been met largely by the generosity of private individuals.

At Grand Bend, Ontario, Canada, September 23 1905, to Mr. and Mrs. Dell Mollard, a son. Mrs. Mollard was formerly Miss Pearl Ellis, a graduate of the General and Marine Hospital, St. Catharines, Canada, class of '99.

MARRIAGES.

The marriage of Miss Cora Canfield to Mr. Albert H. Wilson took place at the home of the bride's aunt, on August 30th, at Woodstock, Ont. After a wedding trip down the St. Lawrence, Mr. and Mrs. Wilson took up their residence in Woodstock, Ont. Mrs. Wilson is a graduate of the G. and M. H., St. Catharines, Class 1903, and previous to her marriage held the position of head nurse in that institution.

At Burlington, Ont., on June 22nd, 1905, Miss Ida M. Peck, graduate of Kingston General Hospital, Class of 1903, was married to Mr. S. V. R. Campbell, of Kingston. Mrs. Campbell will be at home at 220 Albert St., after October 1st.

At Bath, Ont., June 22nd, 1905, Miss Annie Balfour was married to Rev. F. E. Fotheringham, of Calgary. Miss Balfour was a graduate of the Kingston General Hospital, Class of 1903.

On October 6th, 1905, Miss Mary McNicholl was married to Mr. Griffin, of St. Louis, Miss McNicholl was a graduate of St. Michael's Hospital, Toronto.

In Orillia, on October 1st, 1905, Miss Nellie Frawley was married to Dr. John McMahon, of New York. Miss Frawley was a graduate of St. Michael's Hospital, Toronto.

DEATHS.

Mrs. McArthur (nee Smith), graduate of T. G. H., 1901, died at her home in Queensville, Ont., on October 20th.

Mrs. John Murphy (nee Frances Hughes), graduate of St. Michael's Hospital, Class of 1899, died after a short illness at her home in New York City.

Miss Lillian Southgate, graduate of the Hospital for Sick Children, Toronto, Class of 1905, died on October 15th, after a short illness, of typhoid fever, in the Roosevelt Hospital, N.Y., where she was taking a post-graduate course.

Miss Rose Marie Heise, a graduate of the G. and M. H., St. Catharines, Class of 1901, died on October 12th. A few days previous to her death Miss Heise was brought to the hospital and underwent an operation for appendicitis. Her death was due to uremic poisoning. Since graduating Miss Heise has been private nursing at Niagara Falls, Ont., and has endeared herself to many. Before the removal of the body to Newstadt, home of the deceased, a service, quite largely attended by friends both from Niagara Falls and from this city, was held in the Nurses' Home.

Victor Shoes for Women

Owing to the many requests from ladies all over Canada for special woman's shoe, built on the most approved modern lasts, to sell at a moderate price, we have gone about the production of the Victor Shoe for women. The success we have had with Victor Shoes for men has helped us very considerably in getting out this ladies' shoe, and we think our customers will agree that "Victor" Shoes for Women equal the very best American Shoes sold. The price, however, is the moderate Victor price—

$3.50

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TORONTO

Mrs. Fielding (nee Minnie Slattery), a graduate of the Hospital for Sick Children, 1897, died after an illness of ten months, at her residence, 457 College Street.

Mrs. McArthur, wife of the Rev. Mr. McArthur, of Queensville, and one of the graduates of the Class of 1901, died last month, deeply regretted. She was one who could ill be spared, one who will always be remembered with affection, and who left the world better than she found it.

Mrs. Davis, so long a familiar and picturesque figure in Toronto General Hospital, finished her life's work on September 18th, 1905. She had lived in the hospital for thirty-three years. She was born in Ireland, May 1st, 1820, and came to this country when quite young, settling near Port Hope, where she was married. Her husband lived but a short time and after his death she took a position on the staff of the Deaf and Dumb Institute about the year 1867, and afterwards went to the Toronto General Hospital. She always took a great interest in the hospital, and was quite an authority on its history. She was buried at Newtonville, near her old home.

Graduates of the Training School for Nurses.

NAMES OF NURSES WHO HAVE OBTAINED CERTIFICATES FROM TORONTO RIVERDALE HOSPITAL, TRAINING SCHOOL FOR NURSES.

1897.

Miss Kate Mathieson, Superintendent of Toronto Riverdale Hospital.
Miss Annie Montgomery, Superintendent Civic Hospital, Montreal.
Miss Flora Gilmer, New York.
" Edith Strickland (now Mrs. Stevenson), 215 Dundas St., City.

1898.

Miss Angelina Lane, Prescott, Ont.
" Alma C. Murray, Head Nurse Toronto Riverdale Hospital.
" Mildred Sibbald, Private Nurse, Seattle.
" Eva Hamilton, Orangeville, Ont.

1899.

Miss Bertha Andrews, Private Nurse, Winnipeg.
" Millward (now Mrs. Dr. Rose), Blackfort Hospital, Gleischen, Alta.
" Minerva Barnhardt (now Mrs. Meads), Orillia.

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1900.

Miss Kathleen Scott, Head Nurse, Toronto Riverdale Hospital, City.
" Elizabeth Argue, Nurse in Aged Women's Home, Belmont St.
" Etta Kledt (now Mrs. McAvree), Mimico.
" Ida Pillow, Cleveland, Ohio.

1901.

Miss Joan Scott, Private Nurse, New York.
" Becca Easson, Private Nurse, Chicago.
" Mattie Storey, Private Nurse, Chicago.
" Annie Murray, Nurse at Upper Canada College.
" Louie Churchward (now Mrs. Mathew) 211 First Ave., City.

1902.

Miss May Fogarty, Night Superintendent, Riverdale Hospital.
" Alberta Sanford, 505 Sherbourne St., City.
" Ida Whitlam, Private Nurse, New York.
" Janet McNeil, 505 Sherbourne St., City.
" Tessa McKay, Niagara Falls, N.Y.

1903.

Miss May Sawyer, 76 Avenue Road, City.
" Elizabeth Allan, Willard Parker Hospital, New York.
" Stella Lash, Private Nurse, Montreal.

1904.

Miss Janet Highsted, Ithaca, N.Y.
" Annie Reade, 505 Sherbourne St., City.
" Ethel Armstrong, Detroit, Mich.
" Janet Pearce, Mitchell, Ont.
" Susie Mears, 76 Avenue Road.

1905.

Miss Edith Ogilvie, Detroit.
" Margaret Warwick, 68 Sorauren Ave.
" Jean Berry, Brantford, Ont.
" Mina Fraser, Polyclinic Hospital, New York.
" Lillie Whitlam, 102 Caroline St., City.